

OSR 6.05 Medical Training

First aid procedures

A submission from Royal Yachting Association

Purpose or Objective

To require both crew members of a double handed yacht to have had first aid training.

Proposal

MoMu0	6.05.2 In addition to 6.05.1 another crewmember shall have a valid first aid certificate completed within the last five years meeting:
MoMu1	6.05.2 At least two crewmembers shall have a valid first aid certificate completed within the last five years meeting:
MoMu2	6.05.2 At least one crewmember <u>shall be familiar with First Aid procedures, hypothermia, drowning, cardio-pulmonary resuscitation and relevant communications systems, and in addition, one other crew member</u> shall have a valid first aid certificate completed within the last five years meeting:
MoMu0,1,2	a) certificate listed on the World Sailing website https://www.sailing.org/inside-world-sailing/activities-services/technicaloffshore/technical-services/technical-and-offshore-safety/offshoresafety/osr-recognised-first-aid-qualifications/
MoMu0,1,2	b) STCW First Aid Training complying with A-VI/1-3 - Elementary First Aid or higher STCW level
MoMu3,4	At least one two members of the crew shall be familiar with First Aid procedures, hypothermia, drowning, cardio-pulmonary resuscitation and relevant communications systems.

Current Position

Reasons

A RORC working party* have undertaken a review of the Offshore Special Regulations and identified critical areas where there should be a consideration for double handed sailing (i.e. only 2 persons onboard).

With only two persons aboard a boat there is a 50% chance that the one person who needs medical assistance will be the one who has the training. It is proposed that double handed crews both need to be familiar with First Aid Procedures. In addition, when only one person aboard is required to have formal medical training there should be a second aboard who is familiar with First Aid Procedures.

*Members include Richard Palmer (Chair and Double Handed Sailor), Alistair Hackett (Ocean Safety), Martin Banfield (JOG), Dee Caffari – (Offshore Sailor), Ross Hobson (RORC Main Committee and Offshore Sailor), M Broughton, Anna Brooke (co-opted), Jeremy Wilton (RORC

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Cont'd

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