

Hosted by



اتحاد الإمارات للشراع والتجديف الحديث
UAE Sailing & Rowing Federation



مجموعة موانئ أبوظبي
AD PORTS GROUP



World Sailing

World Sailing Development Symposium 2022



World Sailing Development Symposium 2022

Abu Dhabi, United Arab Emirates

Hosted by



إتحاد الإمارات للشراع والتجديف الحديث
UAE Sailing & Rowing Federation



مجموعة موانئ أبوظبي
AD PORTS GROUP

Day 1 Recap

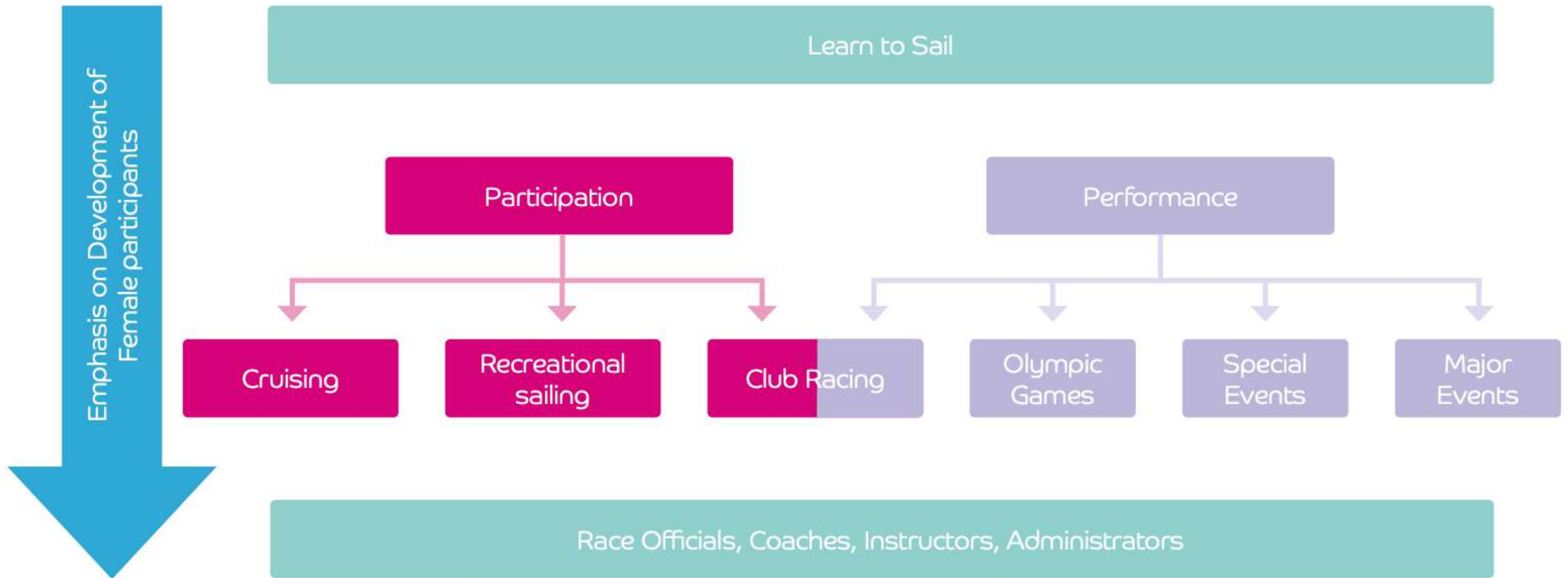
Koray Ezer - Head of International Development, World Sailing

Common Action Plan Themes



- Embedding inclusivity into the program
- More cooperation and knowledge sharing between MNAs
- Closer links with schools/curriculum
- Increased media promotion of activities
- Create a long term vision

What is Performance Sailing?



420 Class Association

Jose Massapina – President, 420 Class Association

INTERNATIONAL 420 CLASS

The International Two Person Dinghy for young sailors



the international two-person
dinghy for young sailors

www.420sailing.org



KEY VALUES AND BENEFITS

- 420 is a World Sailing International Class
- World Sailing Recognised "Learn to Sail" boat

- One of the World's most popular youth two-person spinnaker dinghy

- We have excellent development and promotion programmes
- Specific training tools and resources for sailors and coaches



the international two-person
dinghy for young sailors

www.420sailing.org



KEY VALUES AND BENEFITS



- Many nations use the International 420 at colleges and universities to train students
- International 420 is selected as the youth and pathway class in many nations around the world

- Equal opportunity to compete at 420 Championships for girls, boys and mixed crews

- Many of the world's best sailors have sailed the International 420. It is a proven transition class, providing sailors with excellent skills in strategy, tactics, boat handling, tuning and technique



the international two-person
dinghy for young sailors

www.420sailing.org



KEY VALUES AND BENEFITS

- Selected as the two-person dinghy event for the Youth Sailing World Championships
- Well structured competition all over the globe, with World, European, Junior European, Team Racing and Continental Championships
- We have always charter boats supplied at 420 Class Championships



the international two-person
dinghy for young sailors

www.420sailing.org



KEY VALUES AND BENEFITS

- More than 57,000 boats built so far, spread in over 60 nations around the world



- Our hulls, sails, foils and rigging are made with high quality materials to achieve the best performance and speed, are durable and able to sail in very strong winds



the international two-person
dinghy for young sailors

www.420sailing.org



GLOBAL SPREAD > 60 NATIONS

NORTH AMERICA + CARIBBEAN

Bahamas
 Bermuda
 Canada
 Mexico
 Puerto Rico
 St Lucia
 US Virgin Islands
 USA

SOUTH AMERICA

Argentina
 Brazil
 Chile
 Colombia
 Ecuador
 Peru
 Uruguay

EUROPE

Austria	Great Britain	Portugal
Belarus	Greece	Romania
Belgium	Hungary	Russia
Bulgaria	Ireland	Slovakia
Croatia	Israel	Slovenia
Cyprus	Italy	Spain
Czech	Latvia	Sweden
Denmark	Lithuania	Switzerland
Finland	Netherlands	Turkey
France	Poland	Ukraine
Germany		

AFRICA

Algeria
 Angola
 South Africa
 Mozambique

ASIA

China	Macau
Chinese Taipei	Malaysia
Hong Kong	Myanmar
India	Philippines
Indonesia	Qatar
Japan	Singapore
Korea	Thailand
Philippines	

OCEANIA

Australia	New Zealand
Cook Islands	Samoa
Fiji	



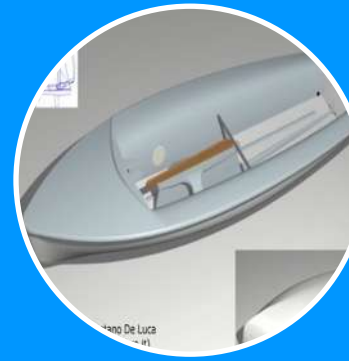
Affordable

Average
Cost EUR8,000
ready to sail



World Sailing

Recognized
Learn to Sail
Training Boat



Builders

>11 builders
across all
continents



Suppliers

Equipment
available all
over the world

Over 57,000 420s have been built ...



the international two-person
dinghy for young sailors

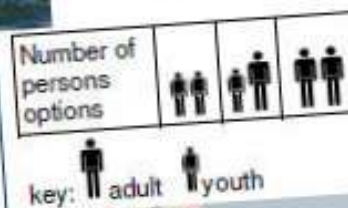
www.420sailing.org



ISAF Learn to Sail Recommended Boat International 420



The International 420 is a suitable size for two youth sailors and a good two person intermediate youth learning boat.



the international two-person
dinghy for young sailors

www.420sailing.org





Coaching

Europe, South
America,
Africa, Asia



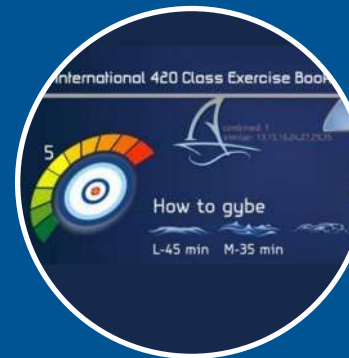
Clinics

All over the
world – all
levels



Video

420 to the Max
online video
>340,000 views



420 E-Book

How to do
Performance
Exercises



the international two-person
dinghy for young sailors

www.420sailing.org





the international two-person
dinghy for young sailors

www.420sailing.org



ng





Transition
Ideal
transition
class
whatever
your next
step in sailing
...



**Dinghy or
Multihull**
...



**Keelboat
or Skiff**
...



**Youth
Worlds**



the international two-person
dinghy for young sailors

www.420sailing.org



TRANSITION PATHWAY

Peter Burling (NZL)

2011, 2012 - 49ER
World Vice Champion



2012 - 49er
Silver Medal



↓ 2013, 2014, 2015, 2016 -
49er
World Champion

↓ 2013 - America's Cup
1st at Youth America's Cup

↓ 2015
Rolex World Sailor of the Year

↓ 2015 - Moth
World Champion

 2008 - 470
11th place



↑ 2007 - 420
World Champion

↑ 2006 - 420
World Champion

↑ 2003 - OPTIMIST
NZL National Champion



2020 - 49er
Gold Medal



↑ 2019, 2020 - 49ER
World Champion

 2016 - 49er
Gold Medal



↓ 2017 - America's Cup
1st - Emirates Team New Zealand

← 2017/18 - VOR
Team Brunel - Volvo Ocean Race



the international two-person
dinghy for young sailors

www.420sailing.org



ling

TRANSITION PATHWAY

Hannah Mills (GBR)





Asenathi Jim / Roger Hudson (RSA)
5th - 2010 420 Worlds, 2012,
2016 Olympics in 470 Class



Luke Patience (GBR)
Silver Medal in 2012 Olympics,
5th in 2020 Olympics | World
Cup winner, World Champion
medallist

Introducing some former 420 sailors...



Matthew Belcher (AUS)
Gold Medal in 2020 and 2012 Olympics, Silver
Medal in 2016 Olympics | 2010, 2011, 2012, 2013,
2014, 2015, 2017 470 World Champion



Jo Aleh / Olivia Powrie (NZL)
Gold Medal in 2012 Olympics, Silver Medal in 2016
Olympics | 2013 470 World Champions



the international two-person
dinghy for young sailors

www.420sailing.org



A photograph of the Rio 2016 49er podium ceremony. Three sailors are standing on the podium, celebrating their victory. The sailor on the left is wearing a teal Australian tracksuit and a blue cap, holding a silver medal. The sailor in the middle is wearing a black tracksuit and holding a gold medal. The sailor on the right is wearing a grey German tracksuit and holding a bronze medal. They are all smiling and raising their arms in celebration. The background shows a large crowd of spectators and the Olympic rings logo.

Introducing some former 420 sailors...

Rio 2016 - 49er podium:
Peter Burling (NZL) Gold (Helm)
Nathan Outteridge (AUS) Silver (Helm)
Erik Heil (GER) Bronze (Helm)



the international two-person
dinghy for young sailors

www.420sailing.org





Helena Lucas (GBR) - 2.4mR Helm
Gold Medal - 2012 Paralympics
Bronze Medal - 2016 Paralympics



Tara Pacheco (ESP),
2011 470 World Champion, 2014 Nacra
World Champion

Introducing some former 420 sailors...



Lucas Calabrese (ARG), 470 Helm
Bronze Medal - 2012 Olympics



the international two-person
dinghy for young sailors

www.420sailing.org





Most

Importantly

420

Sailors

HAVE FUN ...



the international two-person
dinghy for young sailors

www.420sailing.org





the international two-person
dinghy for young sailors

www.420sailing.org





the international two-person
dinghy for young sailors

www.420sailing.org





the international two-person
dinghy for young sailors

www.420sailing.org





[instagram.com/Int420Class](https://www.instagram.com/Int420Class)



[facebook.com/Int420Class](https://www.facebook.com/Int420Class)



[youtube.com/Int420Class](https://www.youtube.com/Int420Class)



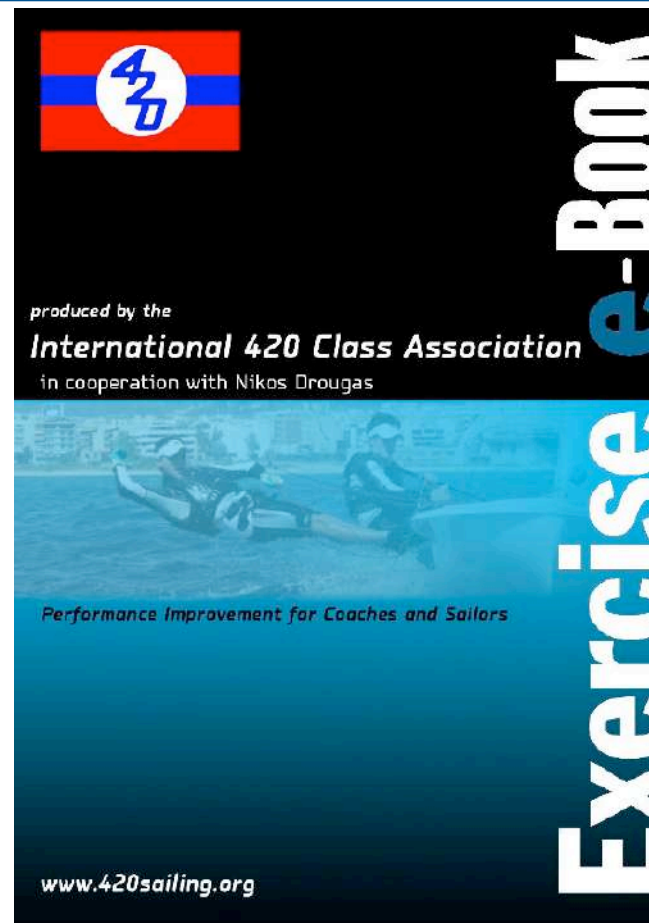
[twitter.com/Int420Class](https://www.twitter.com/Int420Class)



the international two-person
dinghy for young sailors

www.420sailing.org





[instagram.com/Int420Class](https://www.instagram.com/Int420Class)



[facebook.com/Int420Class](https://www.facebook.com/Int420Class)



[youtube.com/Int420Class](https://www.youtube.com/Int420Class)



twitter.com/Int420Class



the international two-person
dinghy for young sailors

www.420sailing.org



IKA

Mirco Babini – President, IKA



Contacts:

www.kiteclasses.org

www.formulakite.org

www.kitefoilworldseries.com

www.youthfoil.org

www.wingfoilracing.org

www.wingsport.org

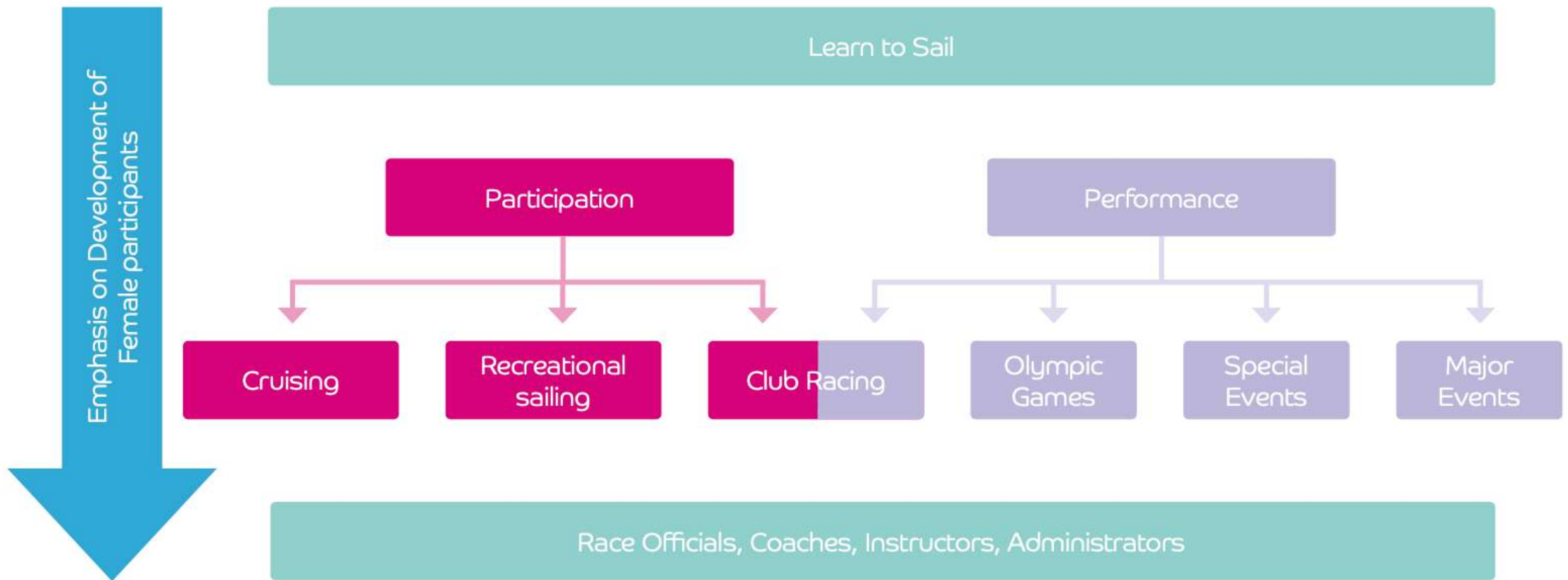
www.snowkiteworldcup.com



World Sailing's Support for Performance Sailing

Catherine Duncan – Training & Development Executive

What is Performance Sailing?



Emerging Nations

World Sailings Emerging Nations Program exists to close the performance gap between Developed and Emerging Countries

- Definition updated in March 2021 to include a financial element
- Aim to support those nations who financially need it but still offer access to those who have financial means
- 82 Nations primarily in the 'Not resourced or Developed' category



2022 Support

- Across Youth and Senior Programs 24 different countries have been supported in both ILCA and iQFoil
- Youth Program focuses to Youth World Championships
- Senior Program supports Sailing World Championships and Olympic Qualification events



Virtual Training Program



- Meets online once a month
- Open to all Emerging Nations
- Road to Gold Program

Para Sailing Development Program



Para Sailing World Championships

- Support and Coaching to attend Para Sailing World Championships
- Often includes a clinic before the event and then support to participate in the event

Technical Course for Coaches – Level 2



Race Coach

- From first racing experience through to national level
- Safety
- Session Planning



Aim:

A simple exercise which can be used as an initial on water warm up and to is a good way for the coach to monitor and speak to the sailors while they practice boat handling.



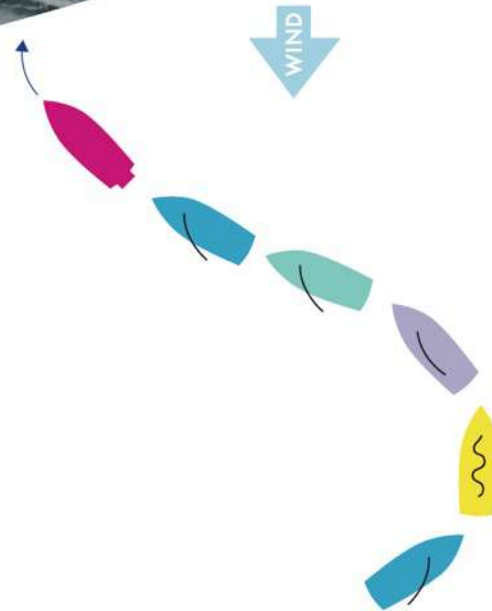
Outcome:

General boat handling skills are sharpened.

Follow the leader

This can be used as a start to an exercise to get the sailors together or for any boat handling the coach can easily see what the sailors are doing while they are behind him/her.

- Drive the coach boat on a reach getting all sailors in a line directly behind the coach boat.
- Drive on any point of sail tacking or gybing speeding up and slowing down to get sailors practicing what you want to practice.
- Avoid driving on a close-hauled course putting the boats in bad air.
- Debrief sailors directly behind the coach boat then let them go to the back of the line.
- Always be aware of the risk of the motor.
- You can also make one of the sailors the leader and everyone follows that sailor freeing up the coach to coach everyone or setup the next exercise.



Technical Course for Coaches – Level 3



Performance Coach

- Campaign Planning
- Use of Technology in Coaching
- Coaching Philosophies
- Psychology

WISH Program



New Project

- Olympic Solidarity program supporting Women in Sport High Performance Coaching
- Aim to increase number of women coaches at Olympic Level
- 21 Month program including modules in leadership, mentoring and a residential section in the UK
- 2 Coaches supported in World Sailings first involvement with the program
- Plans to support more coaches on future cohorts

Polish Yachting Association

Maciej Szafran – Event and Development, Polish Yachting Association



Kinder.
Joy of moving




radość żeglowania

2022

The slide features decorative geometric shapes in the corners. The top-right corner has green and red triangles. The bottom-left corner has pink, red, and orange triangles. The bottom-right corner has a large blue triangle, a yellow triangle, and a purple triangle.

AGENDA

1. **KINDER Joy of moving - Coaches Cup regatta**
2. **KINDER Joy of moving beach area**
3. **KINDER Joy of moving - joy of knowledge**
4. **Promotion of KINDER Joy of moving**



Regatta

KINDER Joy of moving
Coaches Cup

KINDER Joy of moving Coaches Cup regatta

Free of charge regatta for max 320 Opti sailors– group B, in spirit of fair play i and joy **#NONSTOPFUN**

Term:

3 days during Gdynia Sailing Days


Place:

Gdynia (Bay of Gdansk, city beach in Gdynia)

Participants:

200-250 Optimist sailors from about 30 clubs





Beach area

KINDER Joy of moving in Gdynia

3 days of

Sailing education & fun

More than 40 h activities

for children and whole families

1500 m² beach area

with instructors and animators

**More than 1000
participants/ per day**

Beach area

KINDER Joy of moving in Gdynia

Project aim:

Free of charge activities for children and parents in Gdynia

#NONSTOPFUN

term:

During Gdynia Sailing Days festiwal (july)

miejsce:

City beach in Gdynia

participants:

Local society & tourists

Beach area KINDER Joy of moving in Gdynia

Activities:

- Informational & educational point
- skim board;
- sailing simulator – Optimist class;
- Optimist equipment presentation;
- pool with the radio boats;
- trick board boards (balance exercises);
- trampoline;
- Sailing knots education;
- beach tennis;
- Beach volleyball;
- Optimist sailing lessons;
- SUP lessons;
- Windsurfing lessons;
- „Toddler’s corner”;
- Chill out zone;
- DJ/ speaker


Meetings with sailors from national team

Presentation of olympic classes, first aid courses, physical activities for everybody: zumba, joga,

Joy of knowledge


KINDER Joy of moving

v

A photograph of children at a sailing event, overlaid with a dark blue semi-transparent filter. In the foreground, a child in a white vest with 'Kinder Joy of moving' and a blue logo is sitting on a wooden chair, waving their right hand. Another child is visible behind them, also waving. In the background, a banner with various logos is visible. The text 'Safety on the water' is written in large white letters, followed by 'with KINDER Joy of moving' and 'Joy of sailing' in smaller white letters.

Safety on the water

with KINDER Joy of moving
Joy of sailing



Join the team
KINDER Joy of moving
Joy of sailing

Promotion

KINDER Joy of moving



POLSKI
ZWIĄZEK
ŻEGLARSKI



Ministerstwo
Sportu i Turystyki



Ministerstwo
Edukacji i Nauki



Maciej SZAFRAN
tel.: +48 502-936-430
e-mail: m.szafran@pya.org.pl

Polski Związek Żeglarski
al. Ks. J. Poniatowskiego 1 | 03-901 Warszawa

Egyptian Sailing & Water Ski Federation

Albassel Abdallah Hassan – President of the Egyptian Sailing & Water Ski Federation



SSL Gold Cup

Corinne Rolland-McKenzie



THE SSL GLOBAL CIRCUIT 2023-2028

NAME	STAR SAILORS LEAGUE
FOUNDATION	2013
FOUNDERS	OLYMPIC ATHLETES + SAILINGS OFFICIALS
MOTTO	BY SAILORS FOR SAILORS
COLLABORATORS	230 PEOPLE
GOAL	PROMOTE INSHORE RACING & SAILORS

CONCEPTS

Taking inspiration from major sports, the SSL launched the Global Sailing Circuit with the following concepts

EQUAL CHANCES
TO WIN FOR ALL

FOR
MEN & WOMEN

FOR
ALL NATIONS

WITH
THE BEST





SAILORS LEAGUE

THE SSL GLOBAL CIRCUIT 2023-2028

5 MAIN PILLARS OF SSL CIRCUIT

Taking inspiration from concepts of major successful sports, the SSL relies on 5 pillars



SSL GLOBAL SAILING INSHORE CIRCUIT

04
03
02
01
04
03
02
01

7.000 RACES/Y. + 

7.000 RACES/Y.

7.000 RACES/Y.

7.000 RACES/Y.

7.000 RACES/Y. + 

7.000 RACES/Y.

7.000 RACES/Y.

7.000 RACES/Y.

SSL GLOBAL SAILING INSHORE CIRCUIT

WS INDIVIDUAL CIRCUIT

SSL NATIONS CIRCUIT

CONTINENTAL 70 RACING DAYS/Y.

CONTINENTAL 70 RACING DAYS/Y.



WORLD 90 RACING DAYS/Y.

CONTINENTAL 70 RACING DAYS/Y.

CONTINENTAL 70 RACING DAYS/Y.

CONTINENTAL 70 RACING DAYS/Y.



WORLD 90 RACING DAYS/Y.

CONTINENTAL 70 RACING DAYS/Y.



LIKE ALL OTHER MAJOR SPORTS, SAILING PRESENTS ITS 1ST « MUNDIAL »

THE SSL GOLD CUP

TEAM MUNDIAL OUTLINES	
1930	FOOTBALL
1950	BASKETBALL
1987	RUGBY
2023	SAILING



SSL GOLD CUP / EDITION #1

56 PARTICIPANTS



EDITION #1

2022

POSTPONED 2023

56

NATIONS

EDITION #2

2026

74

NATIONS

EDITION #3

2030

>80

NATIONS

2023 PROGRAM / SSL GOLD CUP EDITION #1

60

PRACTICE DAYS (LAKE NEUCHÂTEL WITH 10 NEW NATIONS)

40

NATIONS QUALIFIED FOR THE 1ST GOLD CUP FINALS

25

DAYS OF RACING FOR THE 1ST GOLD CUP FINALS

1

1ST SSL GOLD CUP FINALS (10 NOV. – 3 DEC. 2023)

10'000'000

VIEWERS EXPECTED FOR THE 1ST GOLD CUP FINALS





PARTICIPANTS / SSL GOLD CUP EDITION #1

850

ATHLETES

75

OLYMPIC MEDALISTS

56

NATIONS

5

CONTINENTS

20

„EMERGING“ NATIONS



SSL GOLD CUP

ACCOMPLISHED SINCE 2021 / SSL GOLD CUP EDITION #1

300

DAYS OF SAILING

140

BROKEN KITES

56

NATIONS CHALLENGED

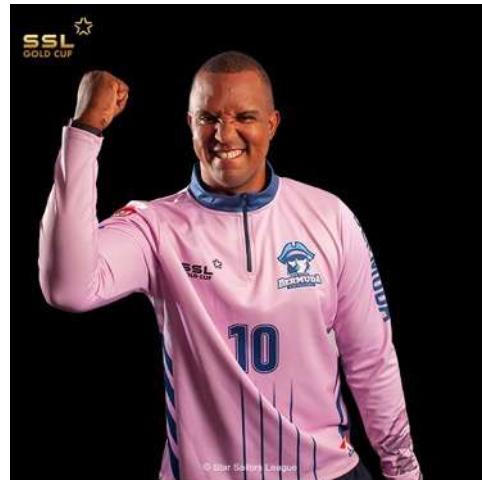
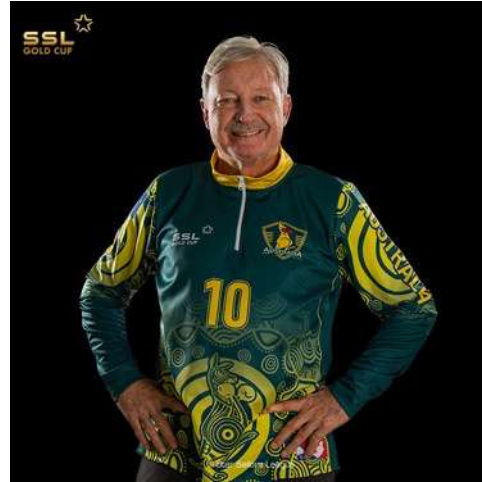
45

DAYS OF COMPETITION

100

HOURS OF LIVE COVERAGE





THE CAPTAINS



PROUD TO RACE UNDER THEIR COLORS



NATIONAL SSL EMBLEMS





2023

TRAINING

FINAL

10 NOV – 3 DEC

SSL RANKING


MEN RANKING

WOMEN RANKING

STATISTICS

12185

SSL POINTS




1

TONCI STIPANOVIC

9767

SSL POINTS




1

ANNE-MARIE RINDOM

113000

ATHLETES ARE RANKED IN THE SSL RANKINGS
(87'000 SKIPPERS + 47'000 CREWS)



SSL RANKING
STATISTICS









MEN

SKIPPER

CLASS

COUNTRY

NAME

NO.	NAME	COUNTRY	SSL PTS	GLOBAL RANKING CHANGE
01	 TONCI STIPANOVIC	 CRO	12185	0
02	 PETER BURLING	 NZL	10813	0
03	 RUGGERO TITA	 ITA	10325	0
04	 JOHN GIMSON	 GBR	9938	0

2023 PROGRAM / SSL GOLD CUP EDITION #1

PROMOTE

ATHLETES, SPORT SKILLS AND RACING

EXPAND

AUDIENCE

ESTABLISH

A SIMPLE VIEW OF INSHORE SAILING FOR FANS

QUALIFY

ATHLETES FOR THE SSL MAIN EVENTS

INSPIRE

NEW GENERATIONS

121

NATIONS

are represented in the SSL Global Ranking

100.000

ATHLETES

are represented in the SSL Global Ranking

75.000

MEN

are represented in the SSL Global Ranking

25.000

WOMEN

are represented in the SSL Global Ranking

80

CLASSES

are represented in the SSL Global Ranking

18.000

REGATTAS

used for the calculation of the weekly ranking

1.000.000

DATA

recorded in the database

10

YEARS

of filling the database

9

PEOPLE

working on it full time



SEPTEMBER 2022 SSL NATIONS RANKING

1		GBR	122 pts	SSL R. 7	2		ESP	146 pts	SSL R. 7	3		NED	169 pts	SSL R. 7	4		ITA	209 pts	SSL R. 7	5		USA	222 pts	SSL R. 7
---	--	-----	---------	----------	---	--	-----	---------	----------	---	--	-----	---------	----------	---	--	-----	---------	----------	---	--	-----	---------	----------

▲ +1	1		GBR	122 pts	SSL R. 7	▲ +4	19		AUT	1354 pts	SSL R. 7	37		URU	5293 pts	SSL R. 7	▼ -3	55		BLR	25190 pts	SSL R. 7	▲ +2	73		ARU	65002 pts	SSL R. 6	▲ +2	91		KUW	194937 pts	SSL R. 5	▼ -2	109		IRI	91381 pts	SSL R. 2
▲ +1	2		ESP	146 pts	SSL R. 7	▼ -4	20		FIN	1461 pts	SSL R. 7	38		PER	5718 pts	SSL R. 7	▲ +3	56		SVK	26521 pts	SSL R. 7	▲ +2	74		MOZ	75425 pts	SSL R. 6	▼ -12	92		TAN	195127 pts	SSL R. 5	▼ -12	110		SUD	117255 pts	SSL R. 2
▼ -1	3		NED	169 pts	SSL R. 7	▼ -4	21		ARG	1465 pts	SSL R. 7	39		THA	6355 pts	SSL R. 7	▲ +2	57		BUL	27232 pts	SSL R. 7	▲ +2	75		DOM	116507 pts	SSL R. 6	▲ +1	93		MYA	228898 pts	SSL R. 5	▲ +1	111		LIB	118069 pts	SSL R. 2
▲ +3	4		ITA	209 pts	SSL R. 7	▼ -4	22		RUS	1506 pts	SSL R. 7	40		HKG	6848 pts	SSL R. 7	▼ -2	58		KOR	27278 pts	SSL R. 7	▼ -4	76		LUX	138160 pts	SSL R. 6	▼ -16	94		INA	46591 pts	SSL R. 4	▼ -16	112		ESA	1284 pts	SSL R. 1
▲ +1	5		USA	222 pts	SSL R. 7	▼ -2	23		BEL	1533 pts	SSL R. 7	41		IND	6927 pts	SSL R. 7	▲ +1	59		MAS	30460 pts	SSL R. 7	▼ -4	77		BRU	168490 pts	SSL R. 6	▼ -4	95		TTO	142435 pts	SSL R. 4	▲ +1	113		NGR	11453 pts	SSL R. 1

SUM UP THE POSITION OF THE RANKING (NOT POINTS)



5 BEST SKIPPERS

+

2 BEST CREWS



NATION WITH THE LEAST
POINTS IS THE LEADER OF
THE RANKING



SCAN QR CODE
TO COLLECT
SSLGOLDCUP.SHOP







*The SSL Gold Cup is what we were
missing to challenge Sailors
and make it universal.*

Paul Cayard,
SSL Team United States of America



Workshop



Where does your Federation see the opportunities in performance sailing?

I Pledge to.....





Symposium Closing

Quanhai Li – President World Sailing

Contact Us

Koray Ezer – Head of International Development –
koray.ezer@sailing.org

Catherine Duncan – Training and Development Executive
– Catherine.Duncan@sailing.org



sport / nature / technology