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اتحاد الإمارات للشراع والتجديف الحديث
UAE Sailing & Rowing Federation



مجموعة موانئ أبوظبي
AD PORTS GROUP



World Sailing

World Sailing Development Symposium 2022



World Sailing

World Sailing Development Symposium 2022

Abu Dhabi, United Arab Emirates

Hosted by



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Development Symposium Opening

Koray Ezer - Head of International Development, World Sailing

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An Update from World Sailing Committees

Presentation from the Development and Regions Committee and the Race Officials Committee

Pınar Coşkuner Genç – Chair of Development and Regions Committee and Paris 2024 Principal Race Officer



**Sailor
Development**



**Women in
Sailing**



**Coach
Development**



Leadership



**Para
Sailing**



How the Committee Works



- Who are the members?
- How does the committee work with the Participation and Development Team?
- How does the committee operate?

New Team Members



**Koray Ezer – Head of
International Development**



**Nominated Experts –
Delivery of Technical Course
for Coaches**

Working Parties

Inspiration & Participation

Member	Nationality
Maciej Szafran (Chair)	POL
Weidong Liu	CHN
Charles Glover	GBR
Stratis Andreadis	GRE
Inga Jakobsone	LAT
Sachiko Sault	JPN
Mathilde De Kerangat (Athletes Commission)	FRA

Working Parties

Leaderships

Member	Nationality
Alberto Dana (Chair)	MEX
Penny McIntyre	BAR
Stratis Andreadis	GRE
Smadar Pintov	ISR
Inga Jakobsone	LAT
Ana Gamulin	SLO

Working Parties

Pathways

Member	Nationality
Samuel Goncalves (Chair)	BRA
David Covo	CAN
Ion Echave	ESP
Mirco Babini	ITA
Mohamed Alobeidli	UAE
Linda Toumi (Invited Member)	TUN
Mahmut Saral (Invited Member)	TUR
Mathilde De Kerangat (Athletes Commission)	FRA

Working Parties

Continental & Regional Collaboration

Member	Nationality
David Covo (Chair)	CAN
Hocine Lali	ALG
Luis Velasco	ARG
Ed Russo	FRA
Sachiko Sault	JPN
Raynor Haagh	NZL
Pawel Kolodzinski (Athletes Commission)	POL

Webinars & Panels



**Steering the Course -
Leadership**



**Steering the Course - Race
Officials**

Continental Development Plan



Presented by the Continental Associations

Seeks to work with Hotels & Resorts to optimise access to Sailing

Sustainable sailing model for National Federations

Pathways



- How to become a Race Official
- Spread of Race Officials across all regions
- Supporting the development of Officials in all disciplines

Clinics



- National Level and above
- First step on International Pathway
- Applied for by MNAs to host

Seminars



- **Highest Level of World Sailing Education**
- **Available in all Officiating Levels**
- **Applied for by MNAs to host**

Information Flow



- **Share your plans/events**
- **Collaboration between groups**
- **Best Practises**

Presentation from the UAE Sailing and Rowing Federation

Mohamed Alobeidli – General Secretary, UAE Sailing and Rowing Federation

Adil Khaled – Professional Sailor, UAE

Yousuf Khaled - Co-Ordinator, UAE Sailing and Rowing Federation





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HISTORY

UAE Sailing and Rowing federation was found in 2001 by the UAE General Sport Authority to act as the governing body for all Sailing and Rowing activities in UAE



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GOVERNMENT SAILING CLUBS



SAILING ACADEMEIS



PRIVATE SAILING CLUBS



SARF KEY ROLE

We maintain a strong bond and relationship with the domestic and international bodies on behalf of UAE as a member national authority representative





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SARF KEY PILLARS



Professional Sailors

Talent mining and developing performance sailors in different classes

Establish Sailing Hubs

Advising and supporting in the establishment of sailing hubs across the UAE

Women and Youth

Support the participation of women and youth to the sailing sport

Social Sailing Programs

Crafting social and cultural programs to spread the sailing sport as a style of life

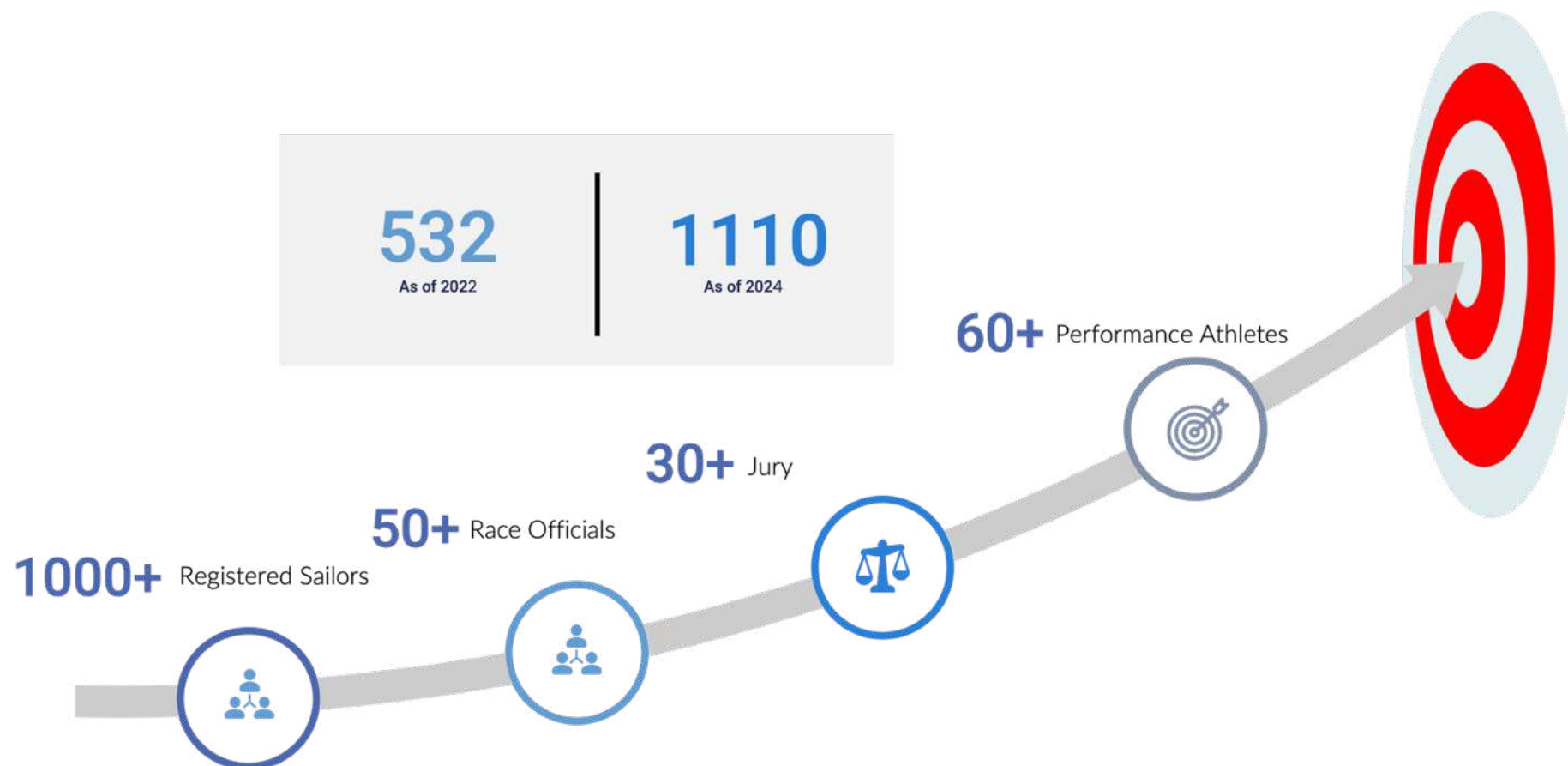


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SARF SHORT TERM GOALS





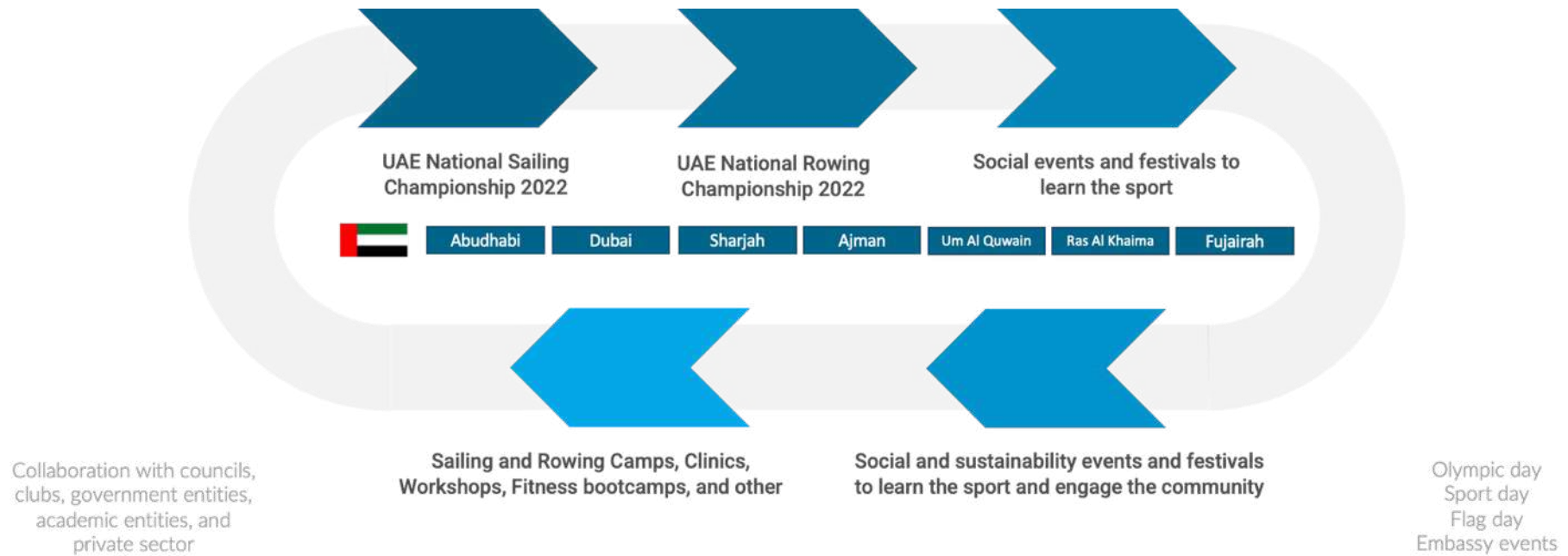
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UAE SAILING AND ROWING EVENTS

In preparation to international representations, it is key to have a strong domestic league and preparation events for our athletes



Key Focus Areas

1

PERFORMANCE
DEVELOPMENT

2

EVENTS
MANAGEMENT

3

SOCIAL AND
OUTREACH



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1

PERFORMANCE DEVELOPMENT

- Olympic Program – Focuses on road Map to Paris 2024 and LA 2028 preparations across all classes
- Sailing Program – Professional Sailing Training & Development
- Rowing Program – Professional Rowing Training & Development
- Kite Surfing Program – Professional Rowing Training & Development



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TRAINING AND DEVELOPMENT

The key to the development of the sport is the training portfolio in diversified programs



2

EVENTS
MANAGEMENT

- Events Management – Look after all the requirements to host international regattas, social events, festivals, and others.
- Race Officials – Ensure guidelines for hosting world class events, HSE requirements, Equipment, Measurements, and others



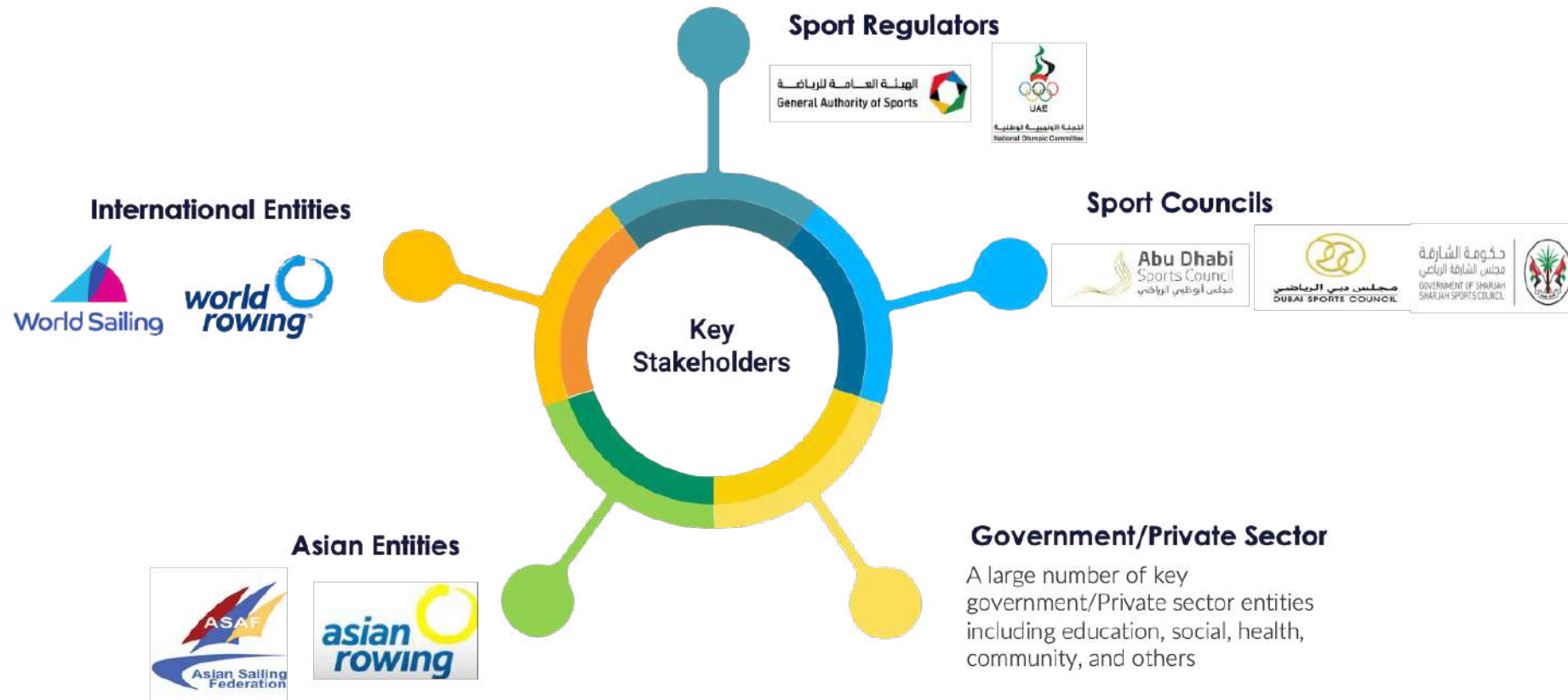
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STRATEGIC PARTNERS

The key to the development of the sport is the training portfolio in diversified programs





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3

SOCIAL AND OUTREACH

- Outreach Programs – Reach out to Schools, Universities, Institutions, etc..
- Woman Programs – Series of female in sport programs to increase female participation
- Youth Programs – Learn to sail, row, and kitesurf introductory programs targeting young athletes
- Volunteers Program – Manage volunteers participation in events through different roles (event management, safety & rescue, race officials, administration & registrations, etc..)
- Para Sailing Program – Focuses on People with determination through introductory to the sport till the professional athlete readiness



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POTENTIAL PARTNERSHIPS





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ASIA RACE OFFICIALS

Updated: 3rd Jan 2022			
MNA	Race Official Name	Status	Year Applied
JPN	Takao Otani	International Judge	1988
SGP	Tan Tee Suan	International Judge	1989
HKG	Tom Sheppard	International Judge	1991
THA	Rut Subniran	International Judge	1998
JPN	Katsumi Shibamura	International Judge	1998
JPN	Katsuya Hashiba	International Judge	2001
MAS	Leonard Chin	International Judge	2006
SGP	Selvam Mookken	International Judge	2007
CHN	Gu Xinzhu ("John")	International Judge	2008
SGP	Teo Wee Tee	International Judge	2009
SGP	Teo Wee Lee	International Judge	2009
JPN	Noboru Maesono	International Judge	2010
CHN	Shao Xianli	International Judge	2011
CHN	Qu Chun	International Judge	2011
JPN	Masaaki Tanaka	International Judge	2011
JPN	Kai Masuda	International Judge	2013
KOR	Jeong Sungchul	International Judge	2013
IND	Curvinderpal Julka	International Judge	2014
JPN	Kiyoshi Tomimatsu	International Judge	2015
CHN	Lu Qidong ("Tony")	International Judge	2015
SGP	Jerrold Ng	International Judge	2018

PAK	Abdur Rehman Arshad	International Race Officer	1996
PHI	Jeremy Rollin	International Race Officer	2005
THA	Simon James	International Race Officer	2010
CBN	Lu Qidong ("Tony")	International Race Officer	2011
JPN	Akira Okada	International Race Officer	2012
MAS	Mohd Afendy Abdullah	International Race Officer	2012
SGP	Jerrold Ng	International Race Officer	2014
HKG	Charlie Manzoni	International Race Officer	2015
TPE	Ting Guo	International Race Officer	2018
IND	Chandra Shekar	International Race Officer	2019
IND	Satish Kanwar	International Race Officer	2019
IND	Srikanth Chaturvedi	International Race Officer	2019
HKG	Brenda Davies	International Race Officer	2020
JPN	Shinichi Uchida	International Race Officer	2020
SGP	Jonathau Kwek	International Race Officer	2020
CHN	Zhou Liang ("Leon")	International Race Officer	2021
CHN	Ly Yiliang	International Race Officer	2021
JPN	Masaaki Tanaka	International Umpire	2005
IND	Abhimanyu Patankar	International Umpire	2014
KOR	Jeong Sungchul	International Umpire	2016
JPN	Kohiei Imazu	International Umpire	2018
HKG	David Fan	International Umpire	2018
KOR	Hyo-Kyuang Jang	International Measurer - OPT	1998
SGP	Aileen Loo	International Measurer - ILCA	2012
JPN	Kazuyuki Higashijima	International Measurer - 470	2014
HKG	Patrick Lam	International Measurer - 420	2017
JPN	Tetsutaro Muramatsu	International Measurer - OPT	2017
IND	Ajit Diaz	International Measurer - 420	2017
		International Measurer - RSX	2019

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Training and Development



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sport specific training scholarship for coaches





UAE National Sailing Championship 202 2



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Special Olympic World Games 2019 In Abu Dhabi



Welcome to the team!

Lebbat Zouhair
Competition Manager

Mark van der Heijden Technical Delegate



Sailing employs the wind—acting on sails, wingsails or kites—to propel a craft on the surface of the water (sailing ship, sailboat, windsurfer, or kitesurfer), on ice (iceboat) or on land (land yacht) over a chosen course, which is often part of a larger plan of navigation.

Key info:

79

Athletes & Unified Partners

14

Delegations

13

Technical Officials

28

Coaches

Events:

Level 1 & 2 Double
Level 3 Triple
Level 5 Single



Venue

Abu Dhabi Sailing & Yacht Club



Competition schedule

Divisioning 13 & 15 March
Competition 16-20 March



Day in the life

Arrival on venue 1h before first race
Briefing
Athletes check-in
Assist and guide the athletes
Competition session
Debriefing



Sailing

Interesting facts.

Sailing still holds the longest winning streak in sports history.

Alessandro Di Benedetto. They call him that "Crazy Italian Guy" who managed to solo circumnavigate the world on the world's smallest boat that measures 21ft



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The Aramex Dubai to Muscat offshore race is the longest running major keelboat event in the region. The 30th edition of this historic event is set to take place in 2023.

A classic passage event covering 360 nautical miles, the course takes the boats from the relatively shallow waters of the Arabian Gulf to the deep waters of the Indian Ocean, passing through the famous Straits of Hormuz, with the final leg taking a south easterly route across the Gulf to Muscat, the capital city of the Sultanate of Oman.





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Excitement is mounting for another spectacular first for SailGP;
as the world's most exciting racing on water heads to the city of
sand dunes and sparkling skyscrapers for the first time, to
deliver an adrenaline-packed weekend at the Dubai Sail Grand
Prix presented by P&O Marinas, on 12-13 November.





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SailGP Program

FEELING LIKE A PROUD MOMMA.

OUR EXCELLENCE PROGRAM SAILOR, HAMZA AL ALI HAS BEEN
INVITED TO BECOME THE SAILGP UAE AMBASSADOR FOR FOIL
RACING





UAE Sailing Achievements



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Adil Khalid



Adil trained at the Emirates Sailing School in Abu Dhabi

Adil became the first and only Emirati sailor to represent his country at the Olympic Games in Beijing 2008.

Having sailed twice around the world in 2011/2012 at the age of 22 and again in 2014/2015 with team Abu Dhabi, winning the race on his second attempt.

Adil is a highly skilled individual with extreme level of training and experience in the toughest profession.



محمد بن زايد يستقبل فريق أبوظبي للمحيطات الفان في سباق فونفو





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A MARITIME HISTORY

Sailing is within the DNA of UAE Sailors



Asian Sailing Federation – Development Program

Presented by Lukman Abu Baker – Vice President of Asian Sailing Federation and Chairman Youth and Development Committee

YOUTH & DEVELOPMENT COMMITTEE



CONTENTS

- 1. Terms of Reference of Youth & Development Committee**
- 2. Vision, Mission & Core Values**
- 3. ASAF Youth Sustainability Development Goals**
- 4. Key Initiatives of Youth & Development**
- 5. Action Plans**



1. Terms of Reference of Youth & Development Committee

- Promoting awareness in sailing sport especially in developing countries.
- Formulating strategies, planning and developing policies and to come out with actions plan for the youth & development in lines with World Sailing's guidelines and policies.
- Organising more structured and well planned sailing's event at state, national and regional levels.
- Creating more activities related to sailing.
- Cooperate with government department and bodies, NGOs and schools in promoting sailing.
- Encourage the government & private sectors in setting up the sailing centres.
- Develop a comprehensive proposal to government in getting tax exemption for companies that sponsors sailing associations.

2. Vision, Mission & Core Values

Vision

Create awareness on sailing sport among ASIAN countries

Mission

Produce more sailors to compete in international games/events

Core Values

ASAF strives to continuously improve cooperation among the member countries

Core Values of ASAF

- ASAF is governed by a sets of core values:



i. Integrity

We demonstrate the highest standard of ethics, moral and transparency in promoting in sailing sport among the member countries.



ii. People Oriented

We place our people as our top priority and treat them the way we as the people want to be treated.



iii. Commitment

We honour our promises and hold ourselves accountable for our actions.



iv. Excellence

We strive to attain the highest level of performance through continuous learning, improvement, innovation, and a strong focus on results.



v. Teamwork

We are supportive and loyal to each other as teammates and colleagues. We are committed to working towards a common purpose and take pride in our achievements.

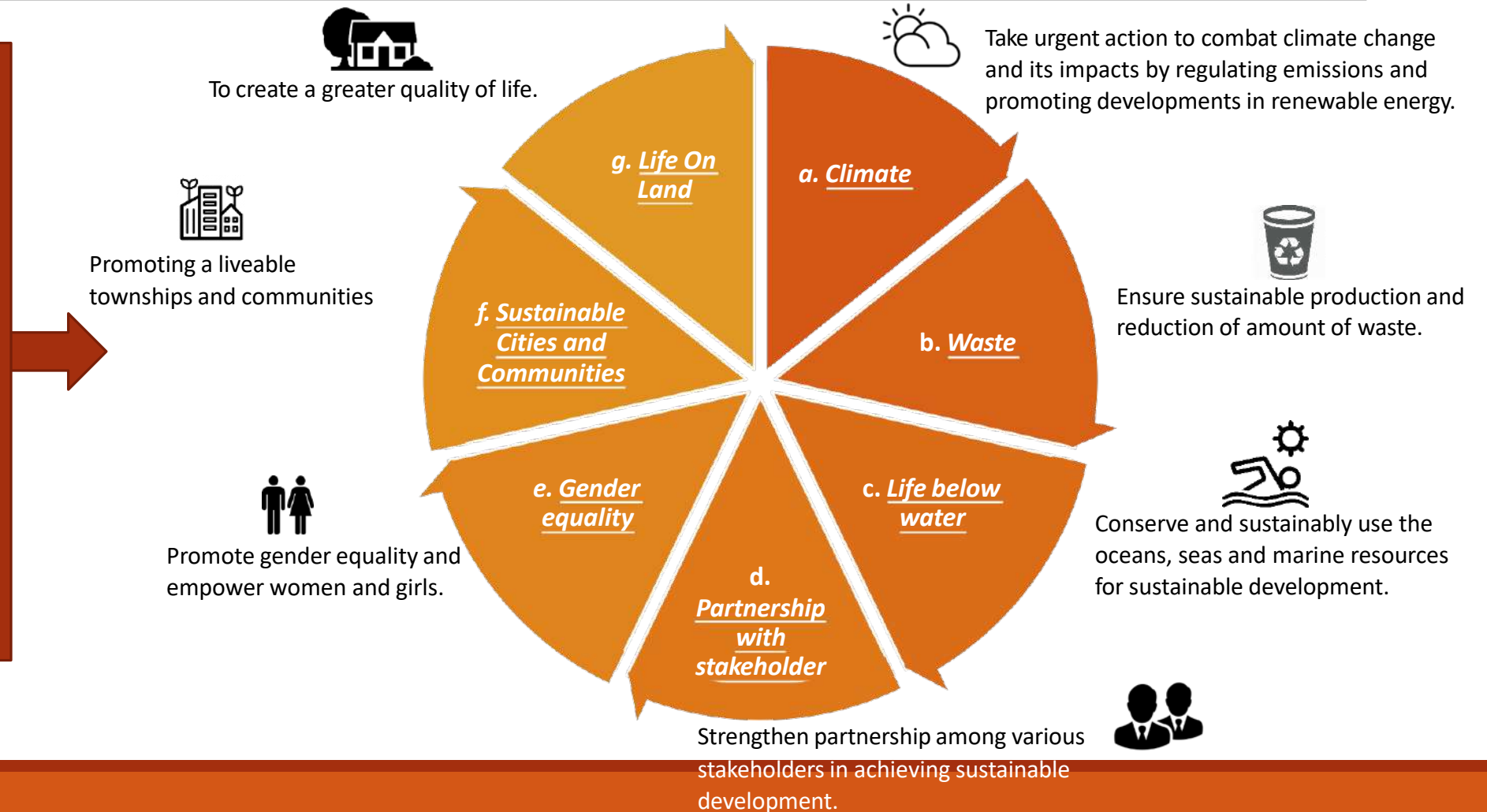


vi. Quality

We endeavour to produce more sailors to match with international sailors among the develop nations.

3. ASAF Youth Sustainability Development Goals

➤ *Aligned to the United Nations' and World Sailing's Sustainable Developments Goals ("SDG"), on the needs to protect the environment and communities, ASAF youth promotes the followings:*



4. Key Initiatives of Youth & Development



1. Talent

- Identify potential talent in sailing.
- To have more structured assessment criteria i.e. through competition, psychological factors, athletes' biography and development.
- Enlighten the knowledge which covers education in sports, skills and physical aptitude.



2. Training

- To produce more coaches and juries.
- To create new opportunities for sailors and coaches.
- To create a clear path for sailors' career development.
- To create an exchange program for sailors and coaches from the developed nation to least developed nation.
- To provide sufficient allocation for training budget.



3. High Performance

- To have more intensive trainings both sailors and coaches.
- To expose participation of sailors, coaches and officials at International Regattas.
- Have a long-term structured strategy which give the opportunity to sailors to improve their sailing classes.

4. Key Initiatives of Youth & Development

The above key initiatives can be further enhanced through:

A.



Increase
Government
Involvement
and Supports

B.



Making
Equipment
Available For
Training and
Development

C.



Seek Funding
Sources

D.



Visibility and
Exposure

E.



Inclusivity

F.



Education

G.



Sailing Camp
Convention

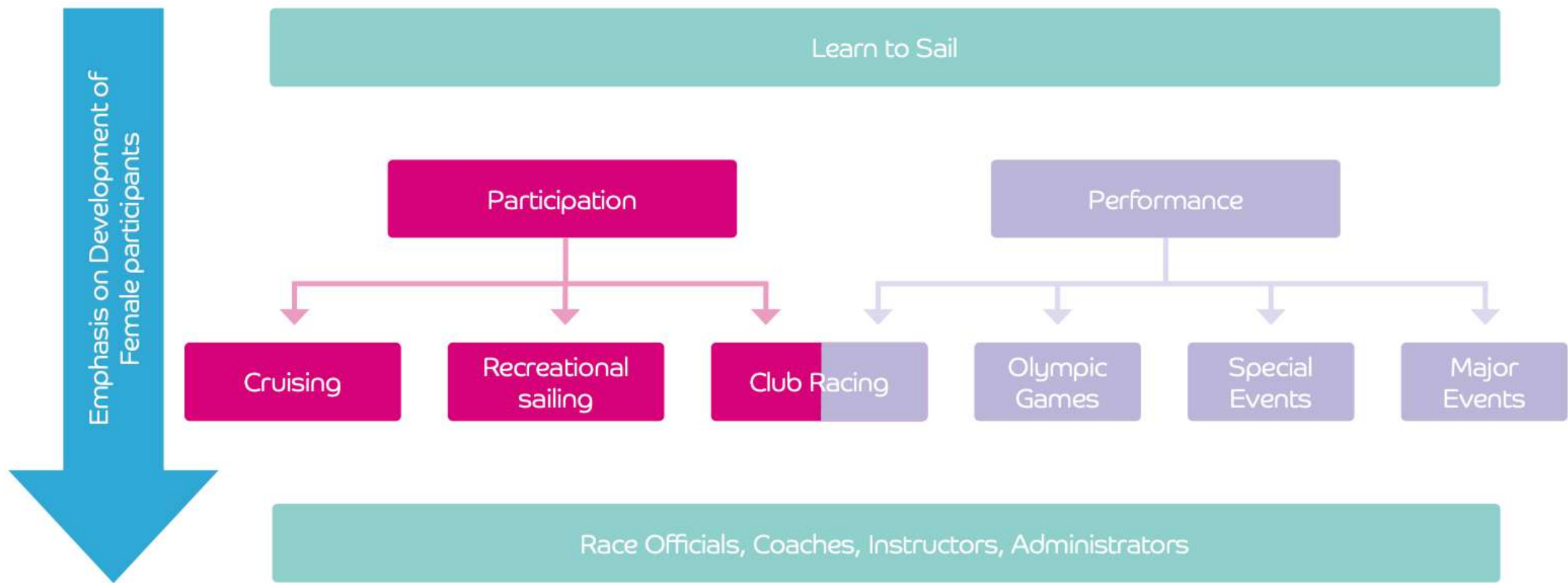
5. Action Plans: Strategy for Short-Term, Medium-Term & Long-Term

	Short-Term	Medium-Term	Long-Term
Sailors	<ul style="list-style-type: none"> Streamline classes pathway for Asian. Sailing Clinics both In Person and Online 	<ul style="list-style-type: none"> To increase number of qualified athletes to Olympic. Develop plan for inter-country engagement program. Regional Joint Training Program 	<ul style="list-style-type: none"> Increase number of participations country. Increase number of performances athlete. Regional Sailing League
Coaches	<ul style="list-style-type: none"> Streamline coaching and instructor pathway for Asian. Encourage coaches for upskilling & certification. Introduce special coaching course for national athlete. 	<ul style="list-style-type: none"> Develop plan for train the trainer to developing sailing country. Reducing competency gap & exchange of ideas by organizing Asian Camp. Regatta for Coaches (Planning, Skills sharing and Networking) 	<ul style="list-style-type: none"> Increase number of certified coaches in Asian. Increase number of instructors in Asian. Coach Recognition Program or Awards
Officials	<ul style="list-style-type: none"> Promote Asian Officials in every prestige event. Management and Skill Courses and Refresher Sessions both in person and online 	<ul style="list-style-type: none"> Conduct radio communication training to upskill communication skill. Regular online forums and seminars Shared Resources, info, training materials, online library 	<ul style="list-style-type: none"> To increase more national and Asian technical officials.



THANK YOU

What is Participation Sailing?



Sailing & Sustainability

Guest Speaker – Alexandra Rickham, Head of Sustainability, World Sailing





World Sailing

Sustainability

Development Seminar
Abu Dhabi 2022



Why Sustainability?

- Better sport and planet
- The direct impacts of climate change and environmental degradation are more visible in sailing.
 - Extreme weather events
 - Water Quality
 - Plastic Pollution
- Sailing as a sport has a lot of work to around equity, diversity and inclusion.

What is Agenda 2030?

56 Environmental
and Social targets
across 6 Operational
Areas with key dates

Technical
standards

Events

Training

Venues and
facilities

Members

Participation

Agenda 2030

- Agreed at 2018 MYM following a public consultation
- 56 deliverables across 6 Operational Areas
- These cover both environmental and social deliverables.
- The current status of Agenda 2030 deliverables is:

		Completed	Started	Work not commenced
Operational Areas	Total objectives			
Technical standards	10	1	6	3
Events	17	8	9	0
Training	7	4	0	3
Venues and facilities	4	1	2	1
Members	11	3	3	5
Participation	7	1	4	2
	56	18	24	14

Sustainable Clubs

The resources aim to encourage sailing and yacht clubs to embrace environmental sustainability and to act as a catalyst for clubs to make environmental improvements.

The resources identify the issues clubs face such as waste management, biodiversity, pollution and event delivery and indicates the incentives of applying sustainable practices and what clubs can do. Supported by case studies, the resources can be applied across small and large yacht clubs.



<https://bit.ly/WSsusclubtool>



<https://bit.ly/WSsusclubs>

Events



<https://bit.ly/CleanRegattas>

Clean Regattas is a **free, self-assessment tool** with powerful resources and support that awards certification levels from Participant to Platinum.

20 BEST PRACTICES TO MAKE YOUR EVENT MORE SUSTAINABLE

RESPONSIBLE WASTE MANAGEMENT

- ☐ Organize a Green Team
- ☐ Ensure Proper Waste Bin Placement and Signage
- ☐ Divert Food Waste from the Landfill
- ☐ Use Paperless Event Management

GREEN BOATING

- ☐ Use Eco-Smart Race Management Techniques
- ☐ Prevent Toxins from Entering the Water
- ☐ Encourage Green Boating Practices

COMMUNITY INVOLVEMENT

- ☐ Publicize Your Sustainability Efforts
- ☐ Involve Local Organizations
- ☐ Post Educational and Reusable Signage
- ☐ Serve Local Food or Source Seafood Sustainably

ENVIRONMENTAL STEWARDSHIP

- ☐ Host a Beach or Marina Clean-up
- ☐ Promote Alternative Transportation
- ☐ Increase Awareness of Wildlife and Habitat Protection
- ☐ Offer Vegetarian or Vegan Alternatives

ELIMINATION OF SINGLE-USE ITEMS

- ☐ Eliminate Single-Use Water Bottles and Provide Water Refill Stations
- ☐ Eliminate Plastic Straws
- ☐ Serve Food with Plastic-Free Dinnerware
- ☐ Use or Provide Reusable Bags
- ☐ Award Practical Items or Use a Perpetual or Upcycled Trophy



To learn more, visit
sailorsforthesea.org

Sustainability Education Programme

World Sailing, in partnership with the World Sailing Trust and 11th Hour Racing have made the Sustainability Education Programme resources free to use.

The materials were developed with The Ocean Race, capitalising on the success of their own programme in the 2017-2018 edition of the race, and have been split into six topics each comprising of a booklet, trainer's guide and worksheet for age groups 6-8, 8-10 and 10-12.

The six topics are:

- Race with World Sailing
- Resources & Climate Change
- Navigating & Wildlife Biodiversity
- Reducing Waste
- Oil & Fuel
- Boat Cleaning & Maintenance

الموضوع ١
تسابق مع
(World Sailing)
الاتحاد الدولي للقوارب الشراعية!

برنامج (World Sailing)
الاتحاد الدولي للقوارب الشراعية التعليمي للاستدامة

بدعم من



<https://bit.ly/WSsustainability>

Invasive Species

World Sailing alongside ICOMIA and IUCN was invited to collaborate with GloFouling Partnerships: a collaboration between the Global Environment Facility (GEF), the United Nations Development Programme (UNDP) and the International Maritime Organization (IMO).

The aim of the partnership aims to develop tools and solutions to help developing countries to reduce the transfer of aquatic invasive species through the implementation of the IMO Guidelines for the control and management of ships' biofouling. www.glofouling.imo.org



BIOFOULING MANAGEMENT FOR RECREATIONAL BOATING

Recommendations to Prevent the Introduction
and Spread of Invasive Aquatic Species



11th Hour Racing Sustainability Award

The World Sailing 11th Hour Racing Sustainability Award celebrates the delivery of high-impact sustainability initiatives, aligned to World Sailing's Sustainability Agenda 2030.

Annual award of US\$10,000

Finalists have included low carbon technologies, events, equipment manufacturers, circular economy projects, development programmes.

The winners are part of our end of year awards evening at the World Sailing Conference.

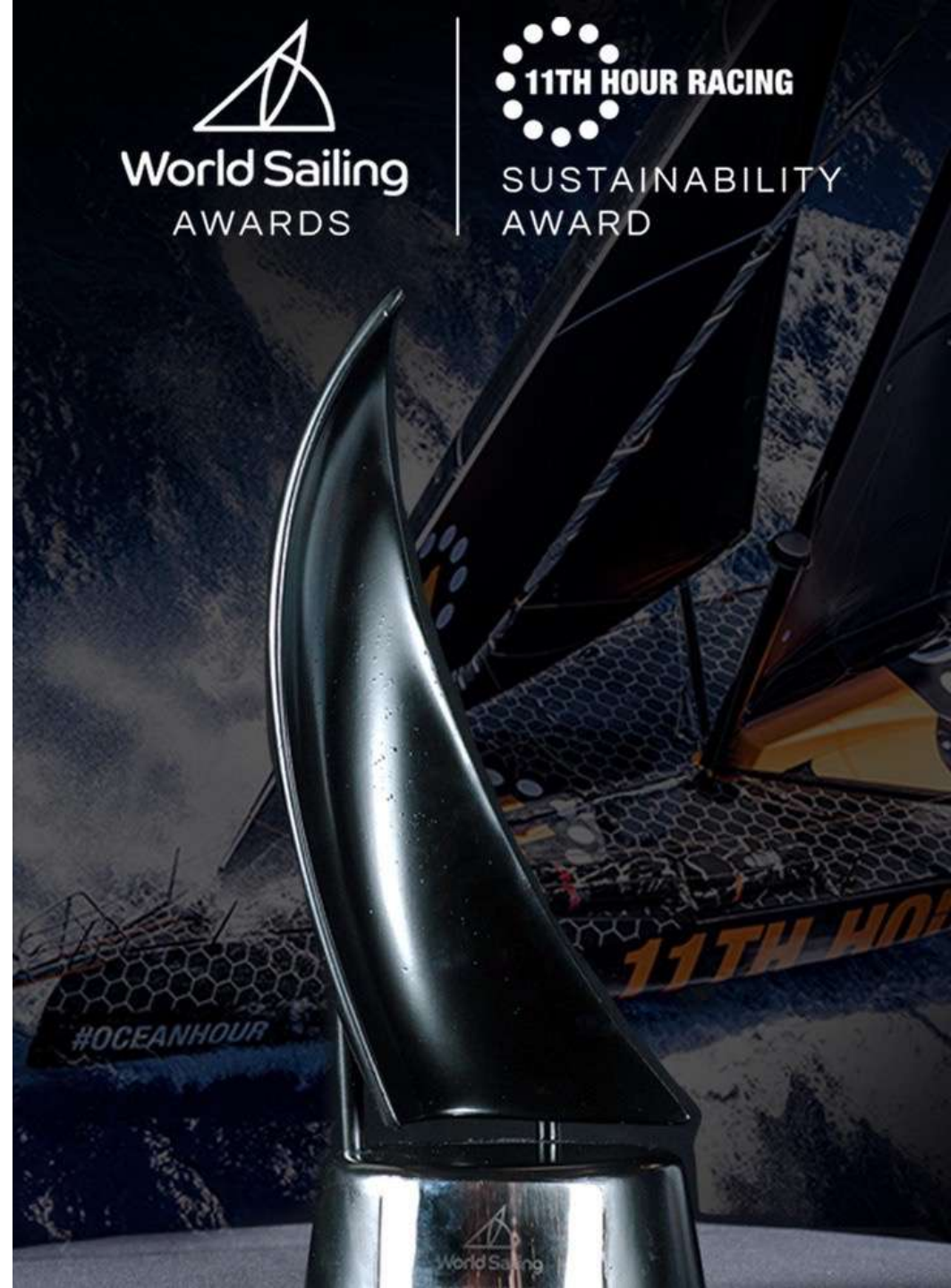
2021 winner: Sail Africa Youth Development Foundation

- Increasing the number of sailors across South Africa's diverse ethnic groups

- Increasing the number of female sailors across diverse ethnic groups

- Increasing the number of female racers through university and schools programmes

- Using life skills education to promote sustainable outcomes



World Sailing Focus

- EDI: Participation and Race Officials
- Increased collaboration and partnerships
- Communication
 - Tell the stories of our community
 - Engage more people in the conversations
- Education: Best Practice case study workshops
 - Clubs
 - Classes
 - Events

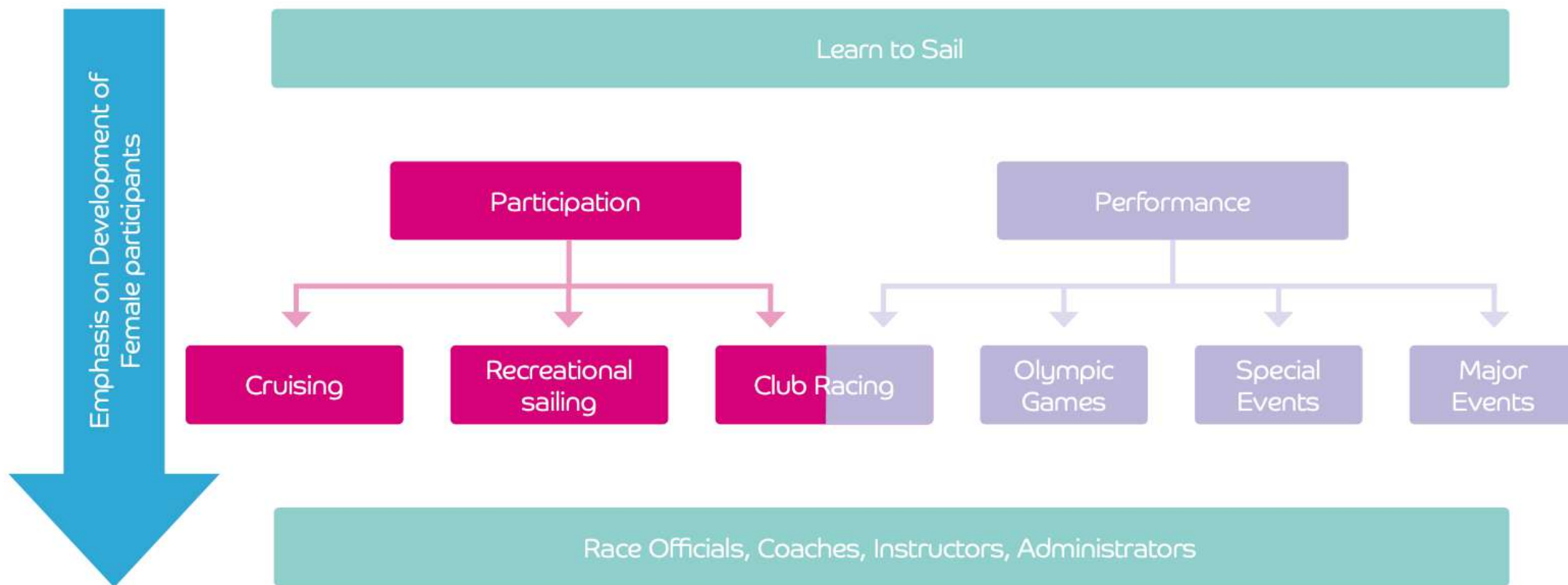


Thank You
sustainability@sailing.org



World Sailing's Support for Learn to Sail Programs

Catherine Duncan – Training & Development Executive



Lifelong Commitment to Sailing

**Pathway
Development**

**Expanding
the reach**


**Reducing
Drop-out
rates**



Resources



Stage 1
My Introduction to Sailing

 Course Duration: 6 hours

On completion of this Stage, you will have a basic understanding of how a boat sails, be able to sail a boat on a reach, go about and turn towards and away from the wind in 5-15 knots of wind, under supervision.

Practical Skills Checklist

General ☒

I can put on a personal buoyancy aid correctly ☐

I am confident in the water wearing a personal buoyancy aid ☐

I can identify wind direction ☐

I can help with rigging a boat ☐

I can secure a boat to a trolley ☐

I can help with the recovery of equipment used ☐

I can demonstrate the helming position ☐

I can steer the boat, tacking on a reach to reach course ☐

I understand the sheeting technique ☐

I can steer the boat towards and away from the wind, sheeting first then turning the rudder ☐

I understand the basic boat controls ☐

I understand the basic principles of controlling speed and power ☐

I can signal if I require assistance ☐

I understand why I should stay with the boat when it capsizes ☐

Knots ☐

I can tie a figure 8 knot ☐

Background Knowledge ☐

None ☐

Put yourself on the track and tick them off

The Course

At the end of this Stage you will be able to sail the following course:





World Sailing Instructor Course | Race Training Exercises

 Aim:

To be able to identify which end of the line has the most bias and is the favoured end for the best start.

 Outcome:

To be able to identify line bias quickly and easily.

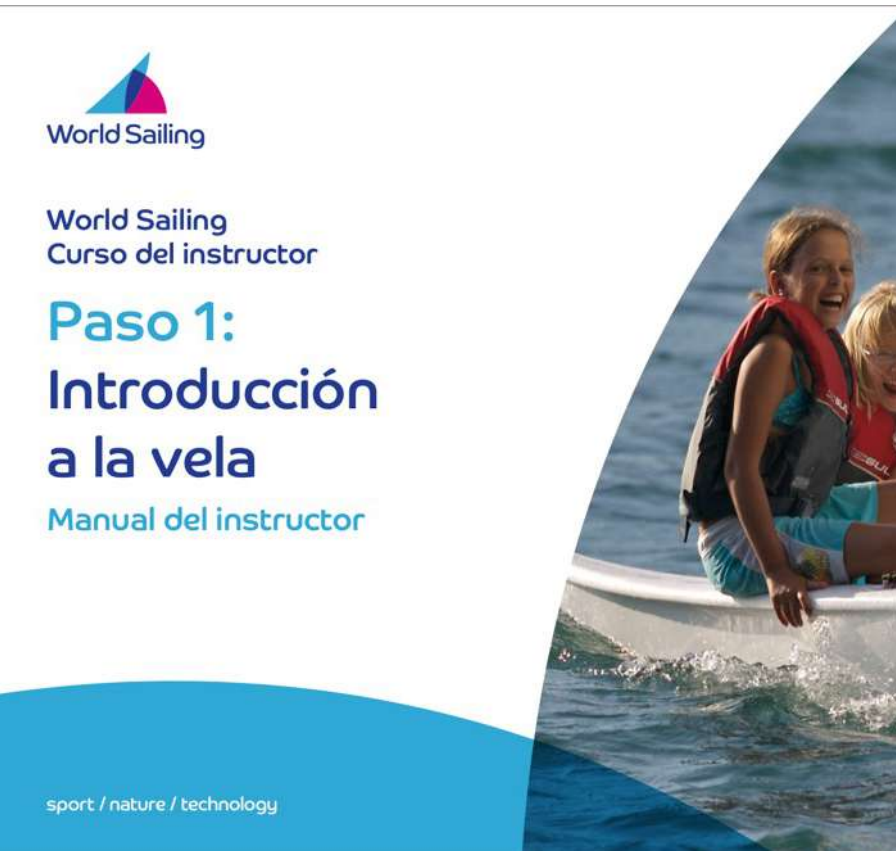
Biased Line

The purpose of this exercise is for the sailor to be able to use a range of techniques for checking and judging the line bias.

- Set up a start line between your coach boat and a pin end with a long anchor line.
- Pull in or let out the anchor line between starts to create a different line bias for each start.
- Make a record of the bias for each start.
- When reviewing the session ask the sailors to highlight the bias for each start.
- Discuss techniques used to measure the line bias.
- The coach can vary this exercise by either allocating a position along the line for individual boats to start from, these can be rotated for each start or let the boats fight for the pole position.
- Highlight that pole position is not always the best position.



World Sailing Resources



- Available to Translate
- Free to use within your Federation
- Standardised Learn to Sail Programs

Para Sailing Development Program



- Promotion of Para Sailing globally
- Programs can be tailored around regions needs
- Focus on Building a Para Program
- All areas of the program from volunteers, facilities and finding participants

Steering the Course Women's Sailing Festival



Technical Course for Coaches – Level 1



Instructors Course

SELLing Sailing

- Safe
 - Enjoyable
 - Learning
 - Lifetime
-
- Learning and Coaching Styles
 - Running a Sailing School

Training Scholarship



- Olympic Solidarity Program
- 7 Week residential program
- Candidates will be taught how to teach others and how to manage an accredited Sail Training centre or Sailing Club.
- Aims to develop a candidate's knowledge on all aspects of running a nationally recognised Sail- training Programme.
- Ultimately, the candidate will be able to aid the growth of the MNA, to positively influence the development of sailing within the MNA

Olympic Solidarity Funding



Application Support



Auckland 2016 Youth Sailing World Championship
© Pedro Martinez / Sailing Energy / World Sailing
Free Editorial Rights

- Develop a relationship with your NOC
- Aside from official reporting, feedback success stories.
- Plan, plan and plan
- Be aware of 4 year cycle

Questions?

First Steps in Sailing

Pippa Kenton-Page – Olympic Gold Medal Winning Sailor

Oman Sail – Sail Free Program

Presented by Khamis Al Anbouri – Sail Free Manager

THE FIRST PARA SAILING PROGRAMME IN THE MIDDLE EAST

Omani persons with disabilities with zero sailing
experience now compete internationally



WORLD SAILING ANNUAL MEETING



ABOUT OMAN SAIL



WHO WE ARE



Mission

Deliver the assigned mission to rekindle Oman's maritime eminence, promote the Sultanate around the world through sailing and provide long-term learning opportunities for the youth.

Vision

Create monumental experiences powered by the sea, so that together we inspire excellence and contribute to the sustainable prosperity of the nation.

OUR VALUES



نسعى لتحقيق ما نعد به
We deliver what we promise



نعمل كفريق واحد
We are one



نعمل بفخر وعزيمة
We serve with pride



معا لحصد المنجزات
We go for Gold

OMAN SAIL: AN ASSET TO THE NATION



Our portfolio of activities materially contributed to 10 out of the 12 National Priorities stipulated in Oman's Vision 2040.



OUR IN-HOUSE CAPABILITIES



Stakeholder Management | Event Operations & Logistics | Commercialisation and P&L Management | Competition Management | Media & Communication | Marketing & Creative Design | Digital Media | Athlete Management | Sustainability



OUR COMMITMENT TO DIVERSITY & INCLUSION



As an organisation, Oman Sail has established the sport of sailing as the most inclusive sport in Oman. Our commitment to diversity and inclusion is a cornerstone to our on going success as we help Oman reach it's strategic objectives set out in Vision 2040.

WOMEN'S SAILING PROGRAMME



SAILFREE PARALYMPIC PROGRAMME



SPECIAL OLYMPICS





SAILFREE



2019 SAILFREE LAUNCH



In 2011, Oman Sail began planning to make sailing accessible to the Omani public with discussions into the possibility of starting a para sailing programme.

This dream became a reality & SailFree was officially launched on the United Nations, International Day of Persons with Disabilities, 3rd December 2019.



2019 SAILFREE LAUNCH



The growth & success of the programme to date has only been possible with the support from:



SailFree is a sailing & leadership programme created for people aged 16-30 years old with disabilities (especially with physical impairment) to empower Omani disabled youth & create equal opportunities in the sport of sailing.

Objective: to develop an Omani national para sailing team that will represent the Sultanate in international para sailing events.

Achieved in 2 years and during a pandemic.

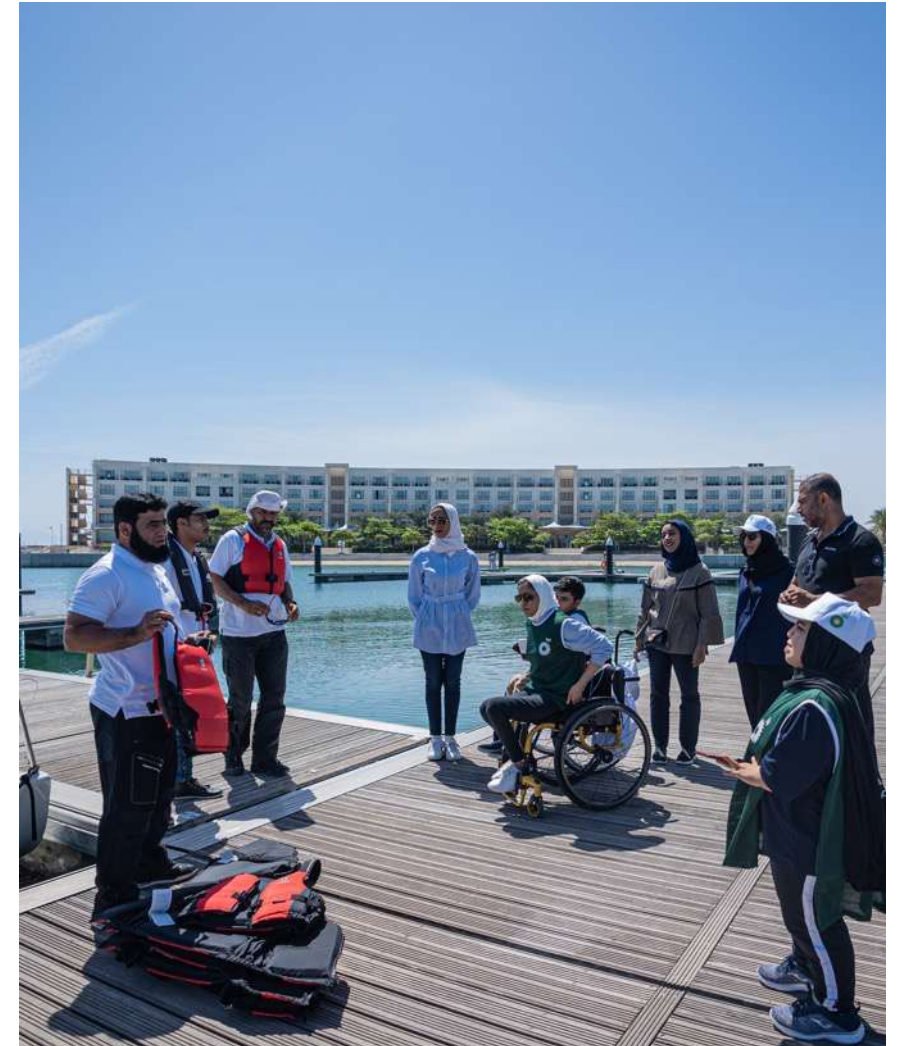
SAILFREE PHASES



**Delivered in 3 phases,
across 2 World Sailing accredited
Oman Sail Sailing Schools, located
in Mussanah & Muscat.**

Using the multi-functional
RS Venture Connect dinghy which
can be quickly configured to suit the
needs of each person with their own
unique disability.

Omani instructors have taught
theory & practical techniques.



PHASE 1: 2019 - 2020

Leadership Programme Session



TARGET

7 Leadership Programme Sessions
105 participants
56 “Try Sailing” sessions.

DELIVERED

9 Sailing Induction & Leadership programmes
110 participants
85 “Try Sailing” sessions. 41 out of the 85 showed potential.



PHASE 2: 2021



TARGET

30 (out of **41**) to qualify to stage 2, gaining Sailing Level 1 and 2

DELIVERED

41 qualified Level 1. **30** qualified Level 2.

Sailing Festival 2021 - 2022

SailFree supported the delivery of “Try Sailing” (free of charge taster sessions) to **80** persons with disabilities in Salalah, Mussanah and Muscat.



PHASE 3: 2021+



TARGET

20 (out of 41) to qualify to stage 3, gaining Sailing Level 3 and 12 to join the Oman Sailing Team.

2021 - Compete in competitions.

Gain Work Experience & Develop Skills.

Compete in a 2022 Para Sailing World Championship.

DELIVERED

26 qualified. 25 Level 3 and all 25 formed Oman's first national Para Sailing team.

Competed in 2021:

- Mussanah Race Week, Oman
- Hansa World Championships, Italy

10 para sailors volunteered at:

- 2021 Youth World Sailing Championships
- 2022 World Athletics, Race Walking Championships

Participated in: Belgian SailAbility Cup • France Hansa Class Championships • Hansa UK National Championships • Arab Sailing Championships • Japan Hansa Class Asia Pacific Championships
Scheduled to participate in • Oman RS Venture Connect World Championships

WORLD SAILING'S PARALYMPIC DEVELOPMENT PROGRAMME 2022



WAS DELIVERED FOR THE FIRST TIME IN OMAN:

Para sailors, coaches & therapists came together to further enhance their para sailing knowledge on and off the water.

4 Omani therapists from Al Amal are in the process of aligning their existing disability classification criteria, with the International Proficiency Certificate classification for international events.

- International Classifier final assessment scheduled in November 2022.
- Currently, there are only 11 International Classifiers worldwide.
- To gain 4 new Classifiers as a result of SailFree, would be a major step forward for para sailing in the Middle East & globally.



WHAT'S NEXT



RS Venture Connect World Championships, Mussanah, Oman (20 -27 November)

*Resulting from the success of SailFree, Oman Sail **won** the bid to host the 1st para sailing Championship to be held in **Asia**.*

36 Teams:

- 6 Omani Teams with 12 para sailors
- 5 Teams sponsored by World Sailing (Portugal, Poland, Czechia, Estonia, Philippines)
- 2021 event in Germany for comparison had 12 Teams

19 Nations

In discussions with sponsor bp Oman to renewal our partnership. 2023-2028 high level objectives include:

- Strengthen & technically develop the National Para Sailing Team
- Launch a Youth National Para Sailing Team
- Operate in 3 Oman locations
- Hansa Class added to hosted events calendar 2023+
- Continue to market & promote Sailfree locally, regionally & internationally
- Form a Sailfree Special Funding Committee
- Compete in the Paralympic Games in Los Angeles 2028

2028 PARALYMPIC GAMES



In 2023, the International Paralympic Committee will make a decision on whether sailing is to be reinstated as an event at the Paralympic Games starting with Los Angeles 2028.

Oman Sail fully supports World Sailing's 'Back the Bid' #SailToLA campaign & if it is successful, we will accelerate the SailFree programme to ensure Omanis can take part & Inshallah win.



Q&A Session



Open Discussion

Floor is open to all MNA's to share their programs

Polish Yachting Association

Maciej Szafran – Event and Development, Polish Yachting Association



PGE POLSAILING



POLSKI
ZWIĄZEK
ŻEGLARSKI



MINISTERSTWO
SPORTU I TURYSTYKI

AGENDA

- connect to sailing activity in Poland
 - What is PGE PolSailing?
 - Background, formula & idea,
 - Components
 - Implements
 - News, numbers

Connect and learn to sail activity in Poland

- 36 RSF
- more than 250 sailing clubs,
about 100 active Sailing (sport) clubs
- Sport Schools – sailing classes

PYA:

- PGE PolSailing program

Background

The idea of PGE PolSailing program is to popularize sport activity, safety rules and healthy lifestyle, **especially promotion of sailing** - great school of sport and also great school of life.

Program is dedicated for children (primary school pupils) and discovering sports talents through a series of trainings and competitions.

Values

- *responsibility;*
- *physical activity;*
- *courage;*
- *respect;*
- *precision;*
- *cooperation;*
- *imagination;*
- *fair-play;*
- *Sustanability.*

PGE PolSailing formula

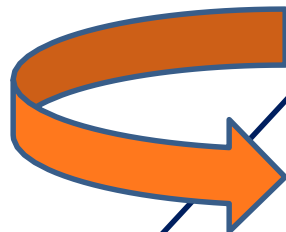
Polish Yachting Association
Idea, realization, coordination

Business

C.S.R. - titular sponsor

Regional Sailing Federations
/ Clubs

5-30%
of budget

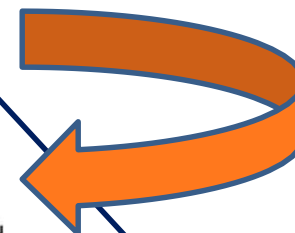


Ministry
of Sport and Tourism
of the Republic of Poland

Government

Ministry of Sport and
Tourism Financial support

70-95%
of budg



The biggest Polish connect to sailing program

Whole program is absolutely free of charge for participants!



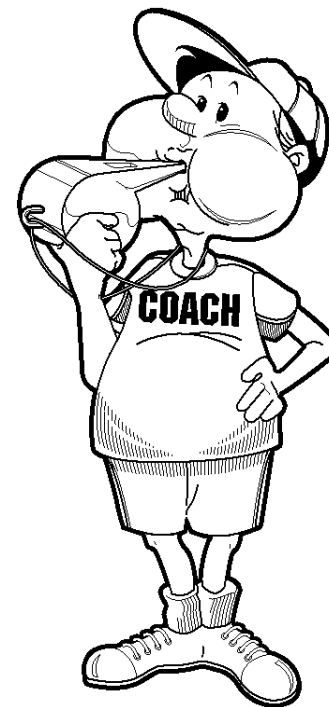
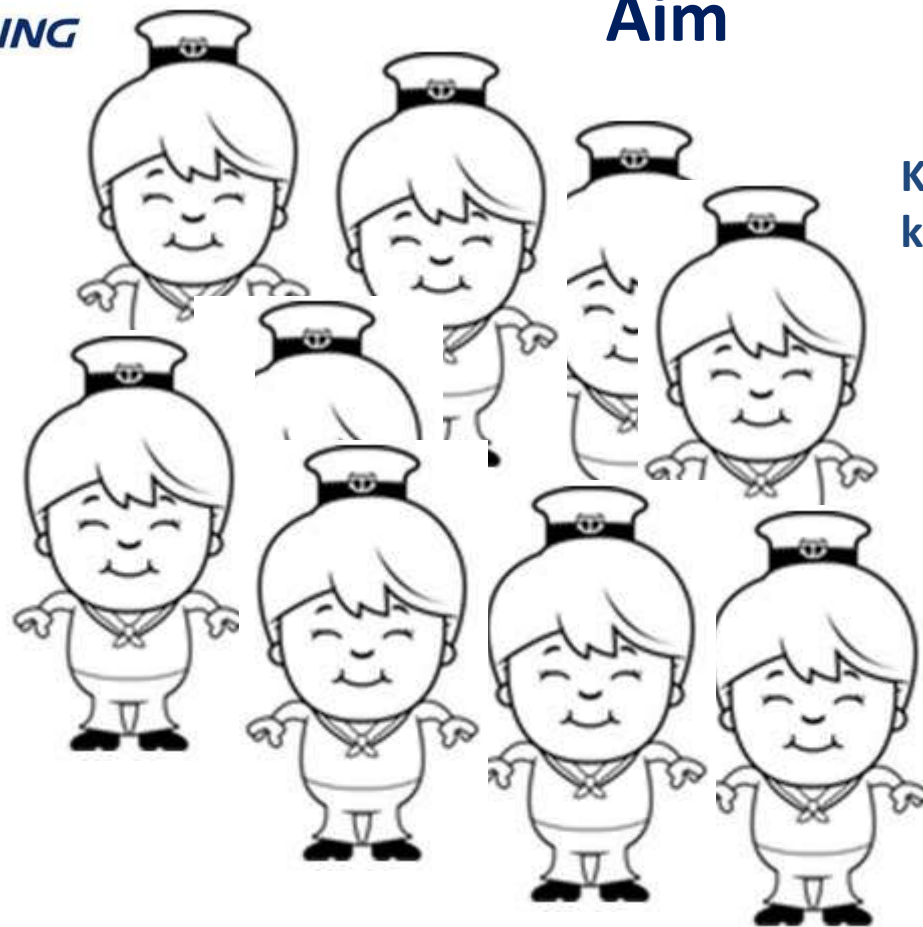
POLSKI
ZWIĄZEK
ŻEGLARSKI



MINISTERSTWO
SPORTU I TURYSTYKI

Aim

**Kids and parents...a lot of
kids and parents !**



**schools
teachers
clubs
instructors**

Two pathways for participants



From the very beginning... to the Olympic Games

After 10 years history of programe we have 121 Optimists boats, 50 windsurfing kits,
produce from 50 to 300 Optimist sails each year

2022 Program map

PolSailing

Aktualności

Edukacja żeglarska ▾

Do pobrania

Kontakt



dokumentów rejestracyjnych dziecka. Koordynator regionalny inicjuje kontakt, celem weryfikacji zgłoszenia.

Koordynator regionalny inicjuje kontakt, celem weryfikacji zgłoszenia.

WIĘCEJ O PROGRAMIE



Lista ośrodków

WIĘCEJ O PROGRAMIE



Lista ośrodków

sobota, 29 paź



POLSKI
ZWIĄZEK
ŻEGLARSKI



MINISTERSTWO
SPORTU I TURYSTYKI

Components & timetable

According to priorities of MS&T

1. sailing lessons, trainings
2. promotion, printed implements
3. courses for coordinators and instructors
4. equipment

Components & timetable

1. Coordinators briefing, instructor course / April
2. equipment & education/promotion tools
3. Education&Promotion meetings in schools / May*
4. PGE PolSailing Days / June-September
5. Recruitment process (website)/ June
6. 18 hours courses – Optimist/windsurfing/ summer
7. PGE PolSailing Day – final /september
8. summary conference with instructors and coordinators /november

Implements

- For children

Skills cards, educational boards, books and applications, dedicated equipment and more, sailing education workshops, gadgets, scholarships, videos, virtual sailing lessons

- For Instructors

- Equipment, Workshops, guidelines, theoretical and practical trainings for free, certificates.

- For regional coordinators, clubs

Theoretical trainings and meetings, essential feedback, promotion and media feedback, equipment

Implements

 **KARTA UMIEJĘTNOŚCI**
Uczestnika zajęć programu Energa Sailing

BEZPIECZEŃSTWO

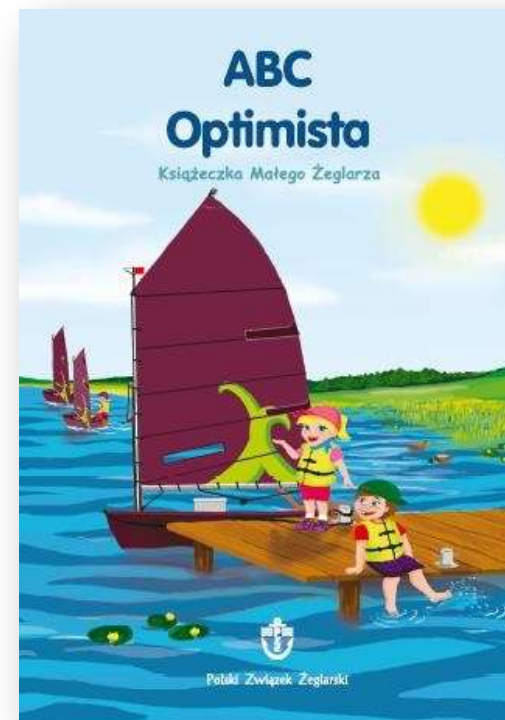
	UCZĘŚĆ	UMIEM
1. Sorty żeglarskie - samodzielne przebieganie się		
2. Zakładanie kamizelki asekuracyjnej		
3. Działanie w zespole (przenoszenie lub odawanie łódki)		
4. Przygotowanie łódki do żeglugi (czepiak, pagn, kłosa lin, zabezpieczenie młotów, kłosa kłosa)		
5. Bezpieczne wodowanie się na ścianie i odgrywanie od brzoza		
6. Powrót z wody - dopłynięcie do brzoza / ścian		
7. Wybieranie wody z łódki		
8. Wywrotka - samodzielne postawienie łódki		

UMIEJĘTNOŚCI ŻEGLARSKIE - SAMODZIELNE

	UCZĘŚĆ	UMIEM
1. Pozycja w Optimisie - pozycja na burzie		
2. Poprawne trzymanie steru - przedłużacz		
3. Wybieranie zaglia i trzymanie przy tym steru		
4. Żegluga półwiatrem		
5. Żegluga białewindem i bakszragiem		
6. Zwrót przez sztag		
7. Żegluga fionbwindem		
8. Zwrót przez rufę		
9. Balastowanie		
10. Balastowanie ciałem - czucie łódki		
11. Zatrzymanie łódki na linii startu		
12. Umiejętność opłynięcia trasy regatowej		

Powodzenia
Zespół Energa Sailing!

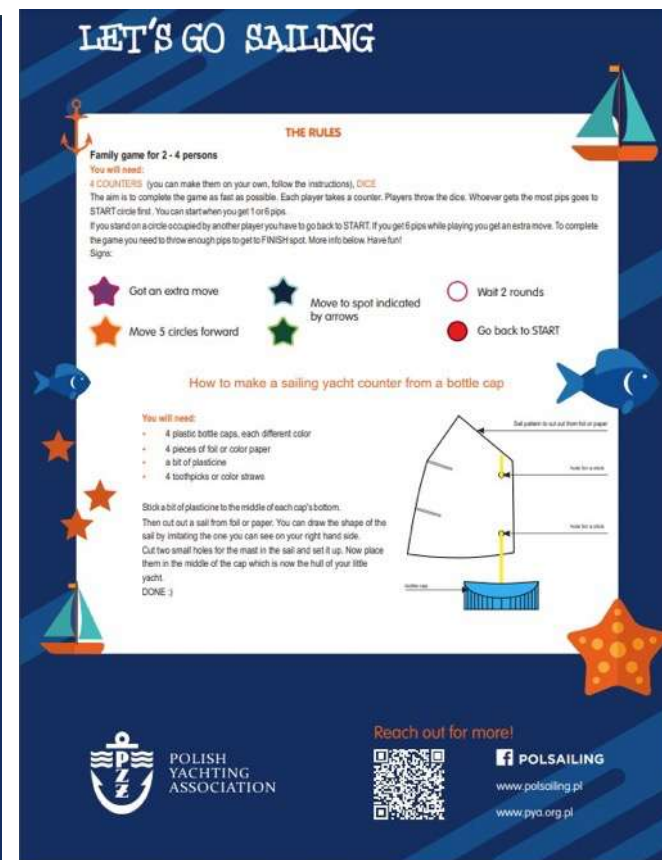
  



Implements during a pandemic



Implements during a pandemic



PolSailing 2022 news

1. PGE PolSailing Kite

(weekend practical courses on water for symbolic entry fee,
one day practical courses on land for free
PGE PolSailing kite – kitesurfing school videos)



PolSailing 2022 news

2. PGE PolSailing – whole family on board
(Short 2-3 h lesson for symbolic entry fee)



PolSailing in numbers

- 1 program / 3 components
- 37 regions/ clubs involved , 37 local coordinators + PKA (24 Opti / 7-10 y.o., 3 windsurfing/ 9-12 y.o. + 10 whole family on board + PGE PolSailing Kite)
- 10 local events
- 1 final day – The PGE PolSailing Great Final
- Min. 40 instructors in theory, more than 100 in reality



PGE POLSAILING



POLSKI
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MINISTERSTWO
SPORTU I TURYSTYKI

Workshop 2

Group Workshop Activity

Activity 1

Does your MNA
have a development
plan or Strategy?

Activity 2

3 Action Points you
can go home and
build on

Open Feedback Session





End of Day 1

Any questions?



7pm - Dinner

In the Wet Deck – Section 2



sport / nature / technology